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- **Kirk Dougal**, Publisher, *Van Wert Times Bulletin*, Van Wert, Ohio
- **James Flachsenhaar**, Managing Director of Content & Audience Development, *Asbury Park Press*, Neptune, New Jersey
- **Alan Wooten**, Editor, *The Daily Dispatch*, Henderson, North Carolina



New York News Publishers Association

Awards will be presented
in 22 categories with five
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Distinguished Specialty Publication Feature Writing

The Recorder, Amsterdam

2 — August 31, 2013

High School Football 2013

Supplement to The Recorder



Adam Bickelmeier and

The Amsterdam Rugged Rams have come to be one of the best of the best in the state, bringing a level of passion, excitement and loyalty from players, coaches and fans that few universities in the region can match.

Being Amsterdam

A city defined by a Rugged legacy of success

By ADAM BICKELMEIER
Recorder Sports Staff

It's Thanksgiving weekend, 2013, and T.J. Condit is about to play the biggest football game of his life. Condit, the star quarterback of the Amsterdam Rugged Rams, has led his team to the perennial rival, the New York State Class A championship game against Oswego at the Carrier Dome in Syracuse, and the stadium is rocking every seat. He and the rest of his teammates can get out onto the field and start to warm up. It's a dream come true, thanks to the record-setting championship schedule at the Dome, and when he's handling the Rams' passing duties, Condit will be among the first Amsterdam players to step through the tunnel and onto the field. And when he does, he's overwhelmed. "There was a sense of pride and joy throughout the stadium on our behalf," Condit remembers. "It still gives me chills going down my spine, running out from that tunnel."

To Condit, to anyone there that day, it seemed as if the whole of Amsterdam had migrated en masse to the Carrier Dome



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Sarah Jean Condon, The Citizen

From left, Sarah Barnard, domestic violence services director at The Cayuga Seneca Community Action Agency, and Elena Madden, an advocate, both act as hotline responders. The domestic violence hotline started operating in 1980, and from 2011-2012, the hotline received 349 calls.

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The Affordable Care Act, also known as Obamacare, was signed into law four years ago. Four years from now, in 2018, do you think the law will still be in effect?

☐ Yes, Obamacare will remain in place
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☐ I don't know

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Home Blogs Eye on NY

Seneca Falls, Stonewall mentioned in President Obama's inaugural address

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Pablo Martinez Monsivels

President Barack Obama waves after his speech at the ceremonial swearing-in at the U.S. Capitol during the 57th Presidential Inauguration in Washington, Monday, Jan. 21, 2013. (AP Photo/Pablo Martinez Monsivels)

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About Eye on NY

Looking for state and national political coverage? Read Robert Harding's Eye on NY blog for the latest, including news and information about races and issues impacting Cayuga County. The blog covers five state legislative districts and the 24th Congressional District, as well as statewide politics and elections.

Employees

Tweets from a list by The_Citizen

 **The_Citizen** @The_Citizen 11m
Multiple media outlets reporting Buffalo #Bills owner Ralph Wilson has died.
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 **Mike Catalana** @MikeCatalana 14m
#Bills owner Ralph Wilson has died. That according to @ByTimGraham who says Russ Brandon announced it at #NFL owners meetings.
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2013 daily No. 82 SATURDAY, APRIL 6, 2013 CORTLAND, N.Y.

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Centennial 1913-2013

St. Mary's celebrates 100 years

The side altar on the north side of the church contains the statue of St. Joseph, the patron saint of the church's most popular parish event, St. Joseph's Fair, which is held on the first weekend of May each year.

The side altar on the south side of the church features St. Mary, the patron saint of the church, and the Virgin Mary, the mother of Jesus.

The high altar, located at the front of the church, features a large stained glass window depicting the Virgin Mary and the Christ Child.

The church's roots go back to 1813, when the first church on North Main Street, which stood where St. Mary's School stands today, was built.

The church's roots go back to 1813, when the first church on North Main Street, which stood where St. Mary's School stands today, was built.

The church's roots go back to 1813, when the first church on North Main Street, which stood where St. Mary's School stands today, was built.

LOCAL

15 yrs. in prison for Houghtaling

Dana Houghtaling was sentenced Friday after pleading guilty to first-degree manslaughter in the death of Jeff West.

— Page 3

4 towns have wind law drafts

Cortlandville, Homer, Sutton and Truett are working on ordinances to govern a proposed wind farm in the county.

— Page 3

LIVING & LEISURE

SUNY Cortland musical reviewed

Living and Learning Editor Kate Hall was joined by "Circus Upon a Mattress," enjoying all aspects of the production based on the fairy tale of "The Princess and the Pea."

— Page 5

SPORTS

SU, Michigan have different styles

There will be a contrast of styles when Syracuse takes on Michigan in tonight's Final Four semifinal game at the George Dome.

— Page 13

WEATHER

Mostly cloudy

Tomorrow's Weather: A 50 percent chance of rain showers. Highs in the upper 50s. Breezy, with south winds 15 to 25 mph and gusts up to 35 mph.

— More on page 7

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STATE

US prosecutor urges changes in Albany

ALBANY — The federal prosecutor who charged two New York state legislators in separate bribery cases this week said he can't clean up Albany alone and urged leaders to change a pervasive culture of "show-me-the-money" politics.

Top state officials promised to keep enforcing anti-corruption laws, though one legislator expressed his doubt. Assemblyman Eric Dierksen, who was recently sentenced to prison for a bribery case, said he was in prison, noting some were far sadder than others.

U.S. Attorney Paul Thurston questioned how much of the work of both state and city government is "barned by bribery graft."

— Page 9

WORLD/NATION

Obama concedes his budget is not 'ideal'

WASHINGTON — Contrasting bipartisan critics, President Obama conceded today his proposed budget is not his "ideal plan" but said it offers "tough choices" to the nation's benefit programs while closing loopholes for the wealthy.

In his first comments about a budget he is to release Wednesday, Obama said he intends to reduce deficits while at the same time providing new spending for public works projects, early education and job training.

— Page 20

OFF BEAT

'Stolen' tortoise was actually trapped

2012 COLE, Iowa (AP) — An elusive animal once thought to be stolen, Iowa's first tortoise was actually trapped in a trap set for a snake, and a misadventure of a tortoise who had been in a trap for a long time.

In a bizarre case, the employee who found the 15-pound tortoise in a trap set for a snake, a tortoise, said the tortoise was actually trapped in a trap set for a snake.

The tortoise was found alive in the elevator on Thursday two days after the company had reported that the tortoise was stolen.

Distinguished Headline Writing

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« Local guardsmen heading to T... Rain, White and Blues»

All fired up: Fuse lit between Cannon and Ball

September 8, 2013
The OBSERVER

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By KATIE ATKINS

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PAGE 3



HERKIMER CO. SHOOTINGS

'UNIMAGINABLE SITUATION'



Police draw their weapons after a window was opened at an apartment above the former Glory Days Food and Spirits on North Main Street in the village of Herkimer Wednesday afternoon. Police said shooting suspect Kurt Myers is believed to be inside one of the apartments above the former bar. TELEGRAM PHOTO/JON RATHBUN



Yellow tape can be seen around John's Barber Shop on West Main Street in Mohawk, the site of a homicide Wednesday morning. TELEGRAM PHOTO/NICHOLE GRANT



Police are pictured outside of Gaffey's Fast Lube on Mohawk Street in Herkimer, the site of a homicide crime Wednesday morning. TELEGRAM PHOTO/NICHOLE GRANT

Four killed in shooting spree; police search village for suspect

Distinguished News Photography

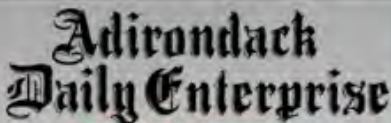
The Register-Star, Hudson




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Adirondack Daily Enterprise, Saranac Lake

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« Report: Milfoil battle on la... Hit-and-run charged after dr... »

Punishment for praise


DOT engineer faced firing for talking to the press in praise of own agency

February 20, 2013
By CHRIS KNIGHT - Senior Staff Writer
(cknight@adirondackdailyenterprise.com) , Adirondack Daily Enterprise

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The state Department of Transportation planned to fire its top official in Essex County for granting an interview to this Enterprise reporter about the department's response to Tropical Storm Irene without the approval of his agency's communications office.

Mike Fayette, a 29-year DOT employee, opted to retire earlier this month rather than fight the charges, which stemmed from a story in which he heaped praise on his agency. Fayette doesn't deny speaking to the press without getting the proper approval, but he says he was singled out for something he and other DOT employees have done frequently in the past with no repercussions, let alone the threat of getting fired.

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Adirondack Daily Enterprise, Saranac Lake



The screenshot shows the homepage of the Adirondack Daily Enterprise website. The header features the newspaper's logo and a tagline. Below the header is a navigation bar with links to various sections. The main content area displays a local news article about nursing homes.

Adirondack Daily Enterprise
The only daily newspaper published in the Adirondack Park

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Nursing homes in the red

April 27, 2013

By CHRIS KNIGHT - Senior Staff Writer
(cknight@adirondackdailyenterprise.com) , Adirondack Daily Enterprise

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Minus 16, minus 5, minus 44, minus 34, minus 14 and minus 18.

No, those are not the overnight low temperatures at the Adirondack Regional Airport in Lake Clear during a six-day span in early January.

Those are the operating margins, revenue minus expenses (in percentages), of a half-dozen North Country nursing homes. During an April 4 interview with the Enterprise, Adirondack Health President and CEO Chandler Ralph read these numbers from a spreadsheet, although she didn't identify the nursing homes they referred to.

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Distinguished Feature Writing

Adirondack Daily Enterprise, Saranac Lake

A phone call, and a thank-you, just in time

September 21, 2013

By CHRIS KNIGHT - Senior Staff Writer
(cknight@adirondackdailyenterprise.com) , Adirondack Daily Enterprise

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SARANAC LAKE - It was only a 10- to 15-minute phone conversation, but it was one Ruth King will never forget.

Nearly 50 years after she, as a four-and-a-half-year-old, leaped from a burning downtown hotel and into the arms of Saranac Lake firefighter Preston Burl, King finally learned the name of the man she calls "my hero" and got to talk to him over the phone, just days before Burl died of lung cancer.

"It is an unbelievable story," King, now a blues singer and songwriter, told the Enterprise Wednesday from her home in the Orlando, Fla. area. "It's just like falling out of a four-story building and being caught. It's just as amazing as that. He waited 50 years for a thank-you. That was too long to wait, but I didn't know who he was or where he was."

Distinguished Multi-Media Presentation

Adirondack Daily Enterprise, Saranac Lake

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15:44

 **Indian Lake's Adirondack Challenge SD**
from **Mike Lynch** [PLUS](#) 8 months ago [NOT YET RATED](#)

Adirondack Daily Enterprise reporter Chris Knight spends a day in Indian Lake trying to learn more about this small Adirondack town that is host to the upcoming Adirondack Challenge.

Distinguished Feature Photography

Adirondack Daily Enterprise, Saranac Lake



Distinguished Beat Reporting

Adirondack Daily Enterprise, Saranac Lake

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Yellow-Yellow: Exploring the myth and reality of a notorious High Peaks bear

December 15, 2012
By MIKE LYNCH - Outdoors Writer (mlynch@adirondackdailyenterprise.com) , Adirondack Daily Enterprise

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Cameron West was lying down in his tent on the side of Algonquin Peak just before dark in mid-June when he heard a bear moving through the nearby woods.

"She passed by my tent, within 5 feet," he said, "and I just kind of turned my head and watched her pass me."

West lay still for a few long moments, not wanting to startle the bear while it was close by. Once the animal got about 10 yards away, the 23-year-old jumped out of his tent. West yelled, then picked up a trekking pole and started banging it against a tree.

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Editorial: Saratoga County Board of Supervisors animal shelter hiring debacle calls for comprehensive overhaul

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POSTED: 03/23/13, 12:00 AM EDT

0 COMMENTS

The animal shelter job fiasco, which is still not over, is a disconcerting and disappointing failure on the part of the most powerful people in Saratoga County government to act in the best interests of taxpayers and the shelter operations.

At issue is their recommended appointment of someone without the experience to become the \$62,413 head of the county animal shelter.

By giving preference to someone with political connections over experience, the county leadership has given the public reason to doubt all of their decisions.



Distinguished State Government Coverage

The Saratogian, Saratoga Springs

Saratoga is all-in: State casino legislation could be a huge win or a major loss for local economy



Saratoga Casino & Raceway has developed a \$40 million expansion plan in the event it is chosen as one of three upstate New York sites to host Las Vegas-style casino gambling should an amendment to the state constitution be approved by state legislators and voters. (ED BURKE/eburke@saratogian.com)

 [Comments](#)

By PAUL POST

Distinguished Newspaper Supplement

The Saratogian, Saratoga Springs



Distinguished Column Writing

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John Gray: Journalists are people too

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POSTED: 04/10/13, 4:15 PM EDT

0 COMMENTS

Having an 8-year-old you tend to watch TV shows you normally would not so it shouldn't shock you that I found myself sucked into the plot of a recent Scooby-Doo episode. I won't bore you with the details, suffice is to say the kindly old gentleman who was helping Scooby's gang turned out to be the villain and he would have gotten away with it if not for those meddling kids.

As I watched the cartoon I had an epiphany. This show I loved as a child showed me everything I would need to know if I wanted to be a successful journalist when I grew up. Scooby taught me the following -- don't trust authority, things aren't always as they seem, listen to the smart girl in glasses and don't assign important work to the co-worker who constantly has the munchies. Personally I think it's good advice for any career but especially a journalist.

Distinguished Sports Writing

The Record, Troy

Game changer: Coaches must adapt, walk fine line with today's student-athletes



 [Comments](#)

By Laura Amato

Distinguished Sports Coverage

The Record, Troy

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Home News

VIDEO UAlbany players know all about Duke mystique

By Andrew Santillo

POSTED: 03/21/13, 3:59 PM EDT 0 COMMENTS

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PHILADELPHIA - When it comes to college basketball, there's something about the name Duke that rubs a lot of people the wrong way.

If you're not a Blue Devils fan, odds are you're can't stand everything about the program, starting with coach Mike Krzyzewski.

"I think it's kind of like the Yankees," said University at Albany guard Jacob Iati. "People either love you or hate you when you're winning every year. With the history they've had, ACC championships, national championships, Final Four appearances, I think people learn to love you or hate you when you're always in the limelight so much."

Duke (27-5) will once again be in the spotlight this afternoon, when they take on UAlbany (24-10) in the second round of the NCAA

10,000-24,999



Distinguished Beat Reporting

The Daily Messenger, Canandaigua

DAILY ^{100 years} MESSENGER



Thursday, June 22, 2012

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SEARCH ENGINE

LOCAL EDITION

Who will run for City Council?

In preparation for November elections, both the City of Canandaigua Democrats and Republicans have announced endorsements for City Council. AS

Rotations to speak for series

Three speakers will make up the third series of the George H. Ewing Canandaigua Forum. AS

Patriots cut Horatio's

The New England Patriots didn't wait long

COURT

LEWIS IN FOR LIFE

Two of his young sexual assault victims encourage other abuse victims to speak up

By Erin Cain
erinc@
messengerpostmedia.com

CANANDAIGUA — For the mother of two girls who were repeatedly sexually assaulted by a man they considered "a father figure," the sentencing of the man to 100 years to life in prison marks the beginning of a new chapter for her daughters.

"You took back control — control of your lives,"

she said to her daughters Wednesday in Ontario County Court. "From this day on, you are survivors. This is your time to move on."

Michael S. Lewis, 53, of Batavia, was sentenced Wednesday after he was found guilty in April of committing repeated sexual assaults against two girls while he lived in East Bloomfield and West

SEX LIVES, AS



Ontario County sheriff's deputies bring Michael Lewis to the Ontario County Courthouse Wednesday morning for sentencing. Lewis, convicted in April of committing repeated sexual assaults against two girls, was sentenced to 100 years to life in prison. JACK HALEY/HERBSTER POST

TAX-FREE NY



Gov. Andrew Cuomo speaks during a meeting for his Tax-Free New York plan at the University at Albany on Monday. AP PHOTO/MIKE MCEL

Cuomo on college tour

By Messenger Post and
The Associated Press

Distinguished Breaking News Coverage

Finger Lakes Times, Geneva

FINGER LAKES

SUNDAY TIMES

SUNDAY, DEC. 16, 2012

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COOKIE CONTEST WINNERS
— Life by the Lakes, Page 1-2C

Panthers' rally falls just short
— High school football, Page 1B

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How to talk to your kids about school shooting: Experts offer some advice

• A shortened commentary for the survivors in Newton, Conn., Page 2A

The Associated Press

The killing of a Connecticut elementary school 10th grader during a shooting in Newtown, Conn., has left many parents struggling to figure out what to tell their children.

President Barack Obama said he and his wife, Michelle, would tell their daughters that they love them and hug them a little. Obama also said that's a good example to follow.

Parents also should allow children to talk about their feelings in the coming days while sheltering them from the 24/7 media coverage of the event, they say.

A man grabbed three more than two dozen people Friday night off the side of a highway, Conn., elementary school. The shooter was among the 20 people left dead, apparently.

• See 2012 on Page 2A

Coming Monday —

A Conversation with: **Connie Sullivan**
GENEVA COMMUNITY LIBRARY
FINGER LAKES TIMES

Waterloo man charged with murder in hit-and-run

Suspect accused of trying to abduct city councilor on S. Main prior to hitting pedestrian on Elm Street

By **MIKE HENNING**
mhennin@ftimes.com

GENEVA — A Waterloo man faces a murder charge after he allegedly tried to abduct a woman, sped from the scene in a van and killed a pedestrian while trying to get away.

Michael J. Fowler, 44, of 1 Main St., was charged Friday afternoon by Ontario police with second-degree murder. He is being held by the Ontario County Jail without bail, pending his arraignment Monday morning in city court.

Ontario Police Department Lt. John Tisdale said Fowler was driving a white van down South Main Street in the city near Putnam Park, about 12:15 a.m. Saturday when he saw a female jogger, pulled over and told to get out of the van.

Fowler declined to identify the woman, but on Saturday evening Ontario City Councilor Jackie Argentin confirmed it was her. She was not injured in the attack.

• See 2012 on Page 2A

Reporter: Mike / Finger Lakes Times

Mike Henning / Finger Lakes Times

At two police survey the scene of the fatal hit-and-run on Elm Street in Geneva Saturday. Waterloo firefighters (left) were the first on the scene around 5:45 a.m. After, police took over the van of the alleged driver of the van of the brother of Heather Reed in Waterloo.

Distinguished State Government Coverage
Finger Lakes Times, Geneva

[illegible]

Distinguished Sports Photography

Finger Lakes Times, Geneva



Distinguished Headline Writing

Finger Lakes Times, Geneva

DECENT EXPOSURE

Classmates agreed to pose for calendar to raise money for breast cancer fund

By **HEATHER SWANSON**

hswanson@fittimes.com

GENEVA — Fifty years after graduating, 10 Geneva High School alumnae decided to reveal a different side of themselves to the community.

Swayed by a good cause, the women joined forces to produce a tastefully risqué calendar, modeled after the British film "Calendar Girls." The 2012 Panther's Pride calendar is on sale for \$15 to raise money for the Elizabeth Wende Breast Care Fund in Rochester.

All of the participants have been affected by breast cancer, either directly or through friends, explained Liz Carty, who edited the photos and appears in March.

One of their own classmates died of the disease at age 45, leaving behind three small children, added Joan Morrow, photographer and model for January and November.

"I think that was always in the back of our mind," she said.

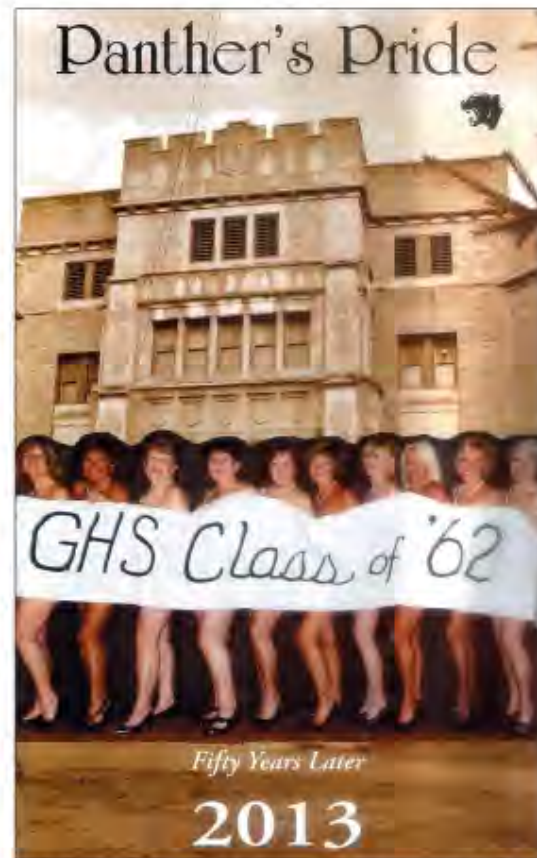
The sepiatone shots show the ladies in various stages of dress, though all carefully angled or covered so as to leave most to the imagination.

In January, Morrow appears with a strategically placed dark feather fan, seated on a piano. Carty's is a playful shot featuring a St. Patrick's Day ensemble, while Carole Arkins, April's model, sports the famed

Where to find the calendar

The calendars are available for \$15 each at the Elizabeth Wende Breast Care Fund main office at 170 Sawgrass Drive, Rochester, and at S.J.'s Village Boutique, 25 S. Main St., Pittsford, as well as Baroody's Cigar Store, 424 Exchange St., Geneva.

■ See EXPOSURE on Page 4A



The GHS Class of '62 calendar is dedicated to the memory of classmates, friends and relatives who lost their battles with breast cancer, as well as other women currently battling the disease.

Distinguished Sports Writing

Finger Lakes Times, Geneva



Nothing compares to the Boston Marathon

Last year, someone wrote a letter to the editor to the *Finger Lakes Times* bemoaning the lack of coverage of the Boston Marathon.

That won't be the case this year. In the spirit of participatory journalism, I am running in the 114th Boston Marathon next Monday.

I do not want to mince words here. I love the Boston Marathon. I also love the Olympics, the World Series, March Madness, the World Cup, the U.S. Open (golf and tennis), the Masters and

Times columnist finished race 30 minutes before blasts

By **SCOTT PORTER**
SPorters@FingerLakes.com

BOSTON — Until 2:50 p.m. yesterday, it was a perfect day to be in Beantown. Sun shining, not too cold, not too warm.

It was a state holiday — Patriots Day — which means two things in eastern Massachusetts: The Red Sox are playing at Fenway Park in their traditional

11 a.m. Patriots Day game (the Sox beat the Rays 3-2 in the bottom of the ninth), and a multi-



Porter

tude of runners, their families, college students and city dwellers are filling the streets for the Boston Marathon.

Distinguished Sports Coverage

Finger Lakes Times, Geneva

JIM BOEHEIM'S ROAD TO FINAL FOUR STARTED IN LYONS

He learned the principles of the 2-3 zone from his legendary HS coach, Dick Blackwell

By JOSHUA DeSAIN

jdesain@flltimes.com

As the Syracuse University basketball team has made its march through the NCAA tournament and into Atlanta for this weekend's Final Four, the national media has been praising the team's vaunted 2-3 zone defense.

To local hoops fans, however, it's nothing new. They have been seeing that defense — or at least a version of it — for more than six decades.

SU's Hall of Fame coach, Jim Boeheim, learned the principles of it during his high school playing days in Lyons, under the tutelage of legendary coach Dick Blackwell.

"Jim Boeheim learned a lot about the whole game of basketball from Coach Blackwell," said Don Oakleaf, a 1962 classmate of Boeheim's at Lyons. "Jim is a very astute strategist in terms of knowledge of the game, and he has decided that the 2-3 zone is best suited for his players and the offense he wants to run. He learned under Coach Blackwell and carried forward what he learned from that."

Blackwell coached the Lyons varsity from 1951-67 and turned the program into a powerhouse, winning the most games in New York state during that 16-season stretch, including seven Wayne-Finger Lakes championships. He died in Florida in 2008 at the age of 85.

▪ See BOEHEIM on Page 4A



Distinguished Newspaper Supplement

Finger Lakes Times, Geneva

Jump Start *Music:*
Hector's 'Big Splash'
— Page 5

Your Weekend

Thursday, Aug. 29, 2013
A Publication of The Finger Lakes Times

A Growing Thirst
Hops Artisans Cultivate
New Craft Beers
— Page 3

Event:
Pickers Opt For
The State Fair
— Page 6

Film:
'Believing'
In The Dryden
— Page 7

Stage:
Kitchen Theatre
Hosts 'Heroes'
— Page 5



Distinguished Specialty Publication

Finger Lakes Times, Geneva



Distinguished Specialty Publication Feature Writing

Finger Lakes Times, Geneva

April 2018 • Finger Lakes Times

ARTISTRY IN A CUP

Small-batch roasters promise better beans, nuanced flavors

By HILLY McFARL
hmcfarl@times.com

While the Finger Lakes region has a growing reputation for great wine, it's also a great place to enjoy artisan coffee, locally sourced and prepared in small batches by local roasting companies.

"It's a wine-growing area, people are interested in good food and good wine," says Joseph Lake Coffee Roasters co-owner Susan Atkinson. "Good coffee really goes right along with that."

Atkinson says numerous roasting areas worry about coffee, realizing that beans from a small-batch roaster offer an entirely different flavor experience than national brand coffees that are readily available on grocery store shelves.

"The big difference is the quality of the beans that you're getting," says Atkinson. "And with small-batch roasters, there's a lot more care that goes into preparing each batch of beans."

When it comes to sourcing, large commercial brands generally control costs by purchasing "volume" beans from large farming operations that are rich with agricultural subsidies like taxpayer beans. Those subsidies negatively affect the final flavor of the product, says Atkinson's Lake Coffee Roasters Lake Manager Lee Clark, who knows coffee to any other from those he harvested and brought to market.

"You would never eat a taxpayer bean," says Clark. "You would want it to be ripe, because there's a lot of sweetness that comes with that."

In contrast with most national brands, Atkinson's Lake Coffee — which has locations in Trumansburg, Ithaca and New York City — purchases only specialty-grade Arabica beans, taking pride in providing coffee beans that are 100 per-

cent defect-free and selected to yield the best flavor.

"Our coffee is sourced for sweetness," says Atkinson. "Our coffee is sourced for sweetness."

The next step in producing coffee is roasting, and commercial operations tend to roast the coffee of inferior beans by roasting the coffee with a dark roast. Commercial often think of dark roasts as being more sophisticated, but with high-quality coffee beans, a lighter roast can allow the flavor nuances of the beans to shine through.

"Coffee's like anything else," says Atkinson. "If you overcook it, you almost can't tell what it is."

Another handling for commercial roasting operations is that it's not feasible to spread vast quantities of roasted beans on racks for air cooling. Instead, large-batch operations send coffee beans through a "cyclone," a water mist that pulls the heat from the roasted beans as it dries and aerates to cool and sort.

While the cooling process gets the job done, it also strips many of the beneficial antioxidants from the coffee beans, as well as the natural oils that impart flavor.

At Finger Lakes Coffee Roasters, Master Roaster Helen Frigoliotti roasts just 10 to 15 pounds of coffee beans at a time, allowing the beans to be carefully air-cooled after roasting. That retains the full flavor and essence of the beans — and for those who are new to artisanal coffee, it might be surprising to find out that the result of carefully sourced high-quality beans roasted in small batches is a cup of coffee that's naturally sweet, bright and balanced.

"You might not even need to add cream and sugar," says Atkinson.

Over customers wherever the



Finger Lakes Coffee Roasters co-owners Larry Wiggins (left) and Rob Convery inspect coffee beans being processed at their roasting facility in Ithaca. Below, right, co-owner and master roaster Helen Frigoliotti works with a small batch of coffee beans at Finger Lakes Coffee Roasters' Port Jervis facility.



At left, cups are filled during a sampling event at Finger Lakes Coffee on State Street in Ithaca.

difference between commercial brands and small-batch coffee roasters, says Clark, they can move on to explore the surprising range of flavor profiles that can be found in coffee. Just like wine tasting, those who become familiar with the nuances of coffee can begin to taste the flavor differences imparted by different altitudes, soils and weather conditions.

Local roasters agree, however, that there's one flavor that has no place in a cup of coffee: bitterness. Bitter coffee can stem from inferior beans, over-roasting, over-extraction during brewing or simply using stale coffee.

The last problem can be

addressed by making frequent visits to a small batch roaster who's just packaged a new batch of beans, says Finger Lakes Coffee Roasters co-owner and Master Owner Rob Convery. The company has two retail locations that stock their coffee frequently to guarantee the beans have been roasted within the past week.

"You really can't get much fresher," says Convery.

Finger Lakes Coffee Roasters' devoted following of "very picky customers" expect no less — but for Convery, these customers are the company's industry, allowing about \$100,000 that has helped the business to stand.

"That's our best metric," says Convery.

For customers who aren't yet experts, sales staff at Finger Lakes Coffee Roasters' retail locations are happy to offer tastings and suggest coffee selections based on personal tastes or needs — for instance, coffee that has a low acid content for those with sensitive stomachs.

And for those who love coffee but have to limit their caffeine intake, Convery says decaffeinated or lower-caffeine coffee is a perfectly respectable option.

"There is really no sugar. But it isn't like 50 percent like any other cup of coffee, if it's properly prepared," he said.

Distinguished Investigative Reporting

The Ithaca Journal

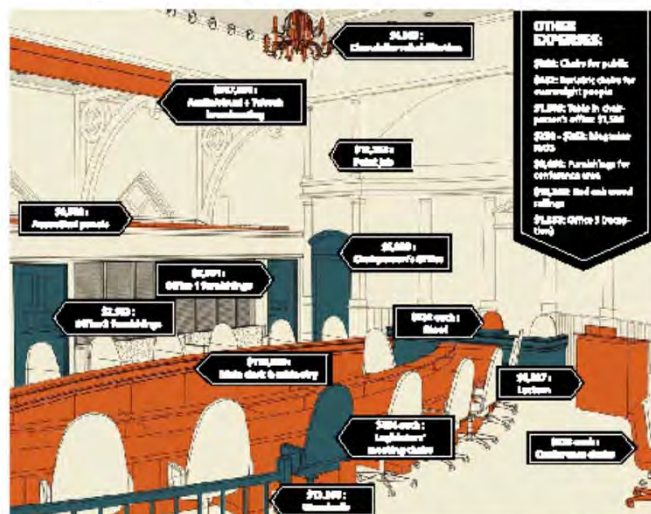


SATURDAY-SUNDAY, JULY 13-14, 2013

WATCHDOG: GOVERNMENT SPENDING

\$1.2M PRICE TAG

Tompkins Legislature's new chambers



County project far exceeds original cost estimates of \$100K-\$200K

By Andrew Carter

ITHACA — While sturdy walls of a historic Tompkins County courthouse, a \$1.2 million renovation for the county legislature is nearing completion.

The budgeted to cost taxpayers \$400 per square foot, renovation of the Tompkins County Legislature's new meeting chambers and office space is expected to be complete within the next few weeks.

Preliminary estimates for the renovation were \$100,000 to \$200,000, but the final cost is now \$1.2 million.

\$1.2 million renovation overruns

Architect contract: Nicholas Brothers Architectural Services Inc., of Ithaca — \$400,000

General construction contract: Markham Builders Inc., of Ithaca — \$400,000

Architectural fees: Hart Architects of Ithaca — \$100,000

Construction management: \$100,000

Post-Mortem Forensic: Forensic Services, of Ithaca — \$100,000

Architectural consultant: Pauline Technical and Inc., of Ithaca — \$100,000

Distinguished Page Design/Presentation
The Ithaca Journal



Distinguished Column Writing

Niagara Gazette, Niagara Falls

Opinion

May 12, 2013

DELUCA: A tribute to mothers who raise superheroes

By Michele DeLuca
Niagara Gazette

Niagara Gazette — They were there when the bombs went off at the Boston Marathon.

They were in the movie theater when that guy dressed like the Joker broke through the darkness and began shooting at the audience. They were there when a mad man burst into an elementary school and began killing kindergartners. Certainly they were there on 9/11, rushing into the imploding twin towers.

They've always been with us. They are the superheroes among us. They are not cartoon characters with capes and snappy names like Flash or Hulk. They are real-life, flesh-and-blood humans who put their lives in danger to look out for the rest of us.

I always wonder how they got like that. What compels them to race toward danger rather than run away?

Such heroic response is a mother's



Related Photos



Michele DeLuca is features editor for the Niagara Gazette.

Distinguished Feature Writing

Niagara Gazette, Niagara Falls



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August 12, 2013

Pregnancy latest miracle after recovery from melanoma for Town of Niagara family

Pregnancy latest miracle after recovery from melanoma for Town of Niagara family

By Timothy Chipp
Niagara Gazette

Niagara Gazette — Paula Yarger is a triumphant woman. Strong-willed and full of a survivor's instinct, she sits next to her husband, James Yarger, on their couch in their Town of Niagara home one Saturday. They're taking a much-deserved break.

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Cancer survivor Paula Yarger is 7 months pregnant. She and her husband James Yarger Jr. are excited about becoming parents.

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Press-Republican, Plattsburgh

Spectrum

Features Editor **Rachael Osborne**, 565-4138, rosborne@pressrepublican.com

SECTION C

Celebrations C3

Entertainment C7

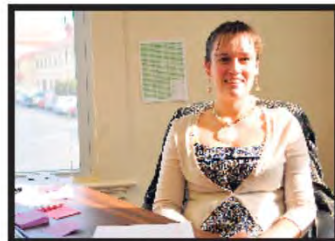
Sunday, March 24, 2013 C1



Erin McGill, a first-grade teacher at Bailey Avenue Elementary School and president of the Plattsburgh Roller Derby.



Steve Peters, superintendent of recreation for the City of Plattsburgh.



Ashley Cousens, coordinator for the Center for Community and Workforce Development at Clinton Community College.



STAFF PHOTOS/KELLI CATANA

David Allen (right), chef and owner of Latitude 44 Bistro, and **Joshua Donaldson**, sous chef.

A youthful WORKPLACE

Young professionals
offer suggestions for growing area

BY KELLI CATANA
Press-Republican

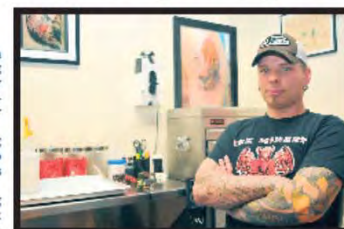
PLATTSBURGH — After a decade of living and working in Manhattan, Joshua Kretser returned to the North Country as a young entrepreneur and started P.O.D. Studio.

For him, it was refreshing and helpful to come home to family, friends and a business community.

"I think we have a lot going for us, being able to attract and maintain young professionals," Kretser said.

Another young professional who left and came back to the area is Sarah Stansbury, an associate broker at Tahy Real Estate Group.

"I think we start to take for granted the beauty of the surrounding lakes and moun-



Ryan Cogswell, co-owner of Body Art Tattoo in Plattsburgh and Las Olas Tattoo Company in Fort Lauderdale, Fla.



Distinguished Editorial Writing

Press-Republican, Plattsburgh

VIEWPOINT

City action on test unethical

The City of Plattsburgh administration has gone too far this time in its dispute with the Fire Department.

State Supreme Court Justice Robert Muller recently ruled that the city purposely set requirements for the fire-chief exam so no members of the Plattsburgh City Fire Department would qualify.

He called that “unreasonable,” “arbitrary and capricious” and “an abuse of discretion.” We call it blatantly unethical.

The city has been without a permanent fire chief since Paul Williams retired two years ago. Mayor Donald Kasprzak appointed

and use their discretion in choosing whom they deem to be the best person for the job.

Kasprzak was uncharacteristically silent after Muller’s ruling. We hope that is a sign that he is showing some verbal restraint and re-evaluating his decades-long fixation on the City Fire Department — even if it is supposedly for the good of taxpayers. The lack of cooperation and civility between the mayor and this crucial city department is not in the best interest of Plattsburgh residents.

That said, the Press-

Distinguished Community Service

Press-Republican, Plattsburgh

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January 6, 2013

After dark, use headlights and your head

By FELICIA KRIEG
Press-Republican

RAY BROOK — I drove down the dark road at 10 mph, ready to slam on the brakes as soon as I saw a pedestrian in my headlights.

New York State Troop B Bureau of Criminal Investigation Investigator Michael Campbell sat next to me, preparing to measure the distance between my vehicle and the trooper posing as a person walking on the dead-end road in Ray Brook after dark.

And photographer/videographer Rob Fountain was alert in the back seat, capturing the events as they unfolded.

FATAL ACCIDENTS

A quadruple fatal accident in November 2011, when two pedestrians and two teens in a car lost their lives, prompted the Press-Republican to ask State Police to conduct a pedestrian-safety experiment to use in a news story and in a video, both aimed to raise public awareness.

See Our Website For
More Information

www.mapleweekend.com



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Distinguished Feature Writing

The Post-Star, Glens Falls

A LONG GOODBYE



Autumn Harding, left, and Rosanna Jett look through family photos during an April 19 interview at the Jett home in Queensbury. Their adoptive father and father, now elderly, Ray Jett, as they from early onset Alzheimer's. After his diagnosis more than 10 years ago, he quickly diminished from a vital part of their lives to a person who doesn't recognize them. TOP: Ray Jett is seen during a family reunion as symptoms of early onset Alzheimer's were starting to control his life.

Alzheimer's diagnosis hurt family emotionally, financially

After a decade of decades, our population will become a much older, and more people, kept alive by medical technology, will live with chronic diseases of old age, such as Alzheimer's. All those people with no one who will provide a, and, in the subject of this series of stories.

By MEG HACKETT
mhackett@poststar.com

Sometimes, Sandy Jett gets into the bed with her husband, Ray.

"I say the father's prayer with him and I tell him 'I'm OK,'" she said.

Ray doesn't respond.

Only 61, Ray came down with early onset Alzheimer's disease more than 10 years ago. He has been a resident at The Pines nursing home on Warren Street in Glens Falls since 2005.

Watching her husband's de-



clines has been terrible and Sandy goes back for the comfort and care he gets at The Pines.

Recovering the cost of the home has put Sandy and her daughter in a state of forced poverty.

Sandy was working at Continental Insurance Co. and living in an apartment with a young daughter, Rosanna, when she met Ray in Roy West, Fla. They married in 1995 and had a daughter, Rosanna, a few years later.

More online @
POSTSTAR.COM
See more on the series at
poststar.com/highlights/
running_home.

Ray was a musician known to speak to his neighbors near Glen Lake to other musicians who didn't have a place to stay. He owned a successful chain of restaurants, bookstores and jewelry shops, the Peace Restaurant and Silvermine, in upstate New York and Roy West.

"How as it the night, he was doing wonderful," Sandy said.

Ray and Sandy had been married about five years when he came to her and said he was having trouble coping with his thoughts.

For three years, they were in and out of medical offices, with doc-

tor running tests and saying they didn't know what was wrong with Ray, but it wasn't Alzheimer's.

By 2000, Ray needed around-the-clock care and Sandy had to leave to support her husband at his store, because he still wanted to go to work. The next year, doctors made a definitive diagnosis of early onset Alzheimer's.

Every day, he was losing more ground.

Ray wandered so much at night, Social Services showed up after getting a call from a neighbor who heard Sandy trying to find him.

Sandy was also told by Social Services to remove the indoor swimming pool in their house as no longer safe for Ray to use. She would have to locate a nursing home for him.

"Every time he heard that, he said, 'I'll be good. I'll be good. I promise I won't leave the house and you'll be home.' He was like a

See PINKY, Page A5

Distinguished Headline Writing

The Post-Star, Glens Falls

Friday, December 7, 2012

poststar.com

2009 Pulitzer Prize winner



Mike Fanchello and Brian Shauer stand, at left, with their families heading out candy canes Friday at Fanchello's Christmas light display in Queensbury. Mike Fanchello expanded his display from a four-strand display in 25 circuits this year with synchronized light and music displays capturing those who drive by. The Fanchello family has joined with neighbors Jennifer and Brian Shauer in collecting food donations at the light display for Open Door Mission.

Tech the halls: Falalalala

Holiday decorating innovations help to make season bright

By SCOTT DONNELLY
sdonnelly@poststar.com

Mike and Kim Fanchello didn't know how they would get along with their new neighbors, Jennifer and Brian Shauer, when the Shauers moved five years ago to Queensbury. That first Christmas turned into a battle of wills. "The Mike Fanchellos would be out putting up some decorations, and my husband would add something," said Jennifer Shauer as the two couples stood in front of the Fanchello's in Greenwood Lane, home last week, looking in the glow of thousands of Christmas lights.

As the expansive display



Scan the QR code with your smartphone to see the Fanchello's light display or visit poststar.com.

James and Jennifer Shauer with the soundtracks from National Lampoon's "Christmas Vacation" then admitted he lost the battle.

"I gave up, I'm out," he said with a chuckle. "We've joined forces."

Turns out, the tale of the holiday arms race was turned by technology produced locally.

Mike Fanchello said he was surprised to learn, after he bought the equipment, the Light-O-Rama control box and software that brought his to his doorstep was made by

IF YOU GO

What: Local homeowners have set up animated light displays for a good cause. Light-O-Rama is a company who enjoys the displays are encouraged to bring nonperishable foods to donate to the area's needy.

Where: Mike and Kim Fanchello, in cooperation with neighbors Jennifer and Brian Shauer, have set up a display at 11 Greenwood Lane in Queensbury. They are accepting food donations for the Open Door Mission in Glens Falls.

When: The display comes on at dusk and continues until 11 p.m. at the Clayton Avenue location until 10 p.m. at the Greenwood Lane location.

a company based in Morristown, N.J. "I just had to call the guy and talk to him," Mike said. "That guy is Dan Balaban, who together with his wife,

Mary, launched Light-O-Rama in New Jersey about 10 years ago. Today, whenever

See LAD, Page A5

Lighting the way to success

By SCOTT DONNELLY
sdonnelly@poststar.com

MORRISTOWN — When Dan and Mary Balaban started decorating their home in Fairfield, N.J., they didn't realize they were plunging in to a recession-proof business.

At the time, Dan Balaban was a vice president for a small software firm in New Jersey.

It was right after the Y2K scare, and the Internet industry was crash-

ing downhill for software businesses," he said.

Balaban was born in Westfield and grew up in Fort Edward. He played the Army when in high school and met Mary while in the service.

When he got back to Fort Edward, he went to Albion College Community College — SUNY at Dutchess — on the G.I. bill and started studying electrical engineering.

It was while working

See LAD, Page A5

Distinguished Column Writing

Poughkeepsie Journal

No logic to comforter needing a duvet

This is a conversation I envision every newlywed couple having once in their marriage.

You can probably figure out who's who in this dialogue:

"Wow! This store really does have a lot of stuff beyond our bed and bath needs."

"Yes, but we have to focus. We're looking for a duvet."

"A doo-what?"

"A duvet. It's a cover for the down comforter we got from (INSERT RELATIVE HERE)."

"You mean our blue blanket? We don't need a cover for that. It's blue."

"No, not our blue blanket. Our down comforter. The one that keeps you really warm."

"Our blue blanket keeps me pretty warm."

"Yes, but no, we're talking about our down comforter. It's filled with duck feathers."

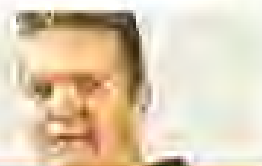
"Duck feathers?"

"Duck feathers."

"Those poor ducks!"

SEAN T.
MCMANN

COMMENTARY



"We need a duvet to put on top of our down comforter. They come in lots of colors and designs."

"Well, what color is our down comforter?"

"White. They're all white."

"Why don't they make down comforters in different colors and designs?"

"I don't know."

"Makes sense, right? Colored down comforters. I think I'm onto something here."

"Look, here's a nice one."

"Seriously?!"

"Yeah, why?"

"This doo-whatever costs more than the actual comforter we're putting inside it! Where's the sense in that?"

"OK, what about this one?"

"This one costs exactly what our comforter costs."

"That's how much they are."

"What a racket!"

"So which one do you want to get?"

"Why do we need this doo-thing again?"

"It keeps the down comforter clean."

"You know, it wouldn't be so prone to getting dirty if it wasn't white!"

"Yes, I know."

"Makes that colored comforter idea sound even better, right?"

"You know what? I'm just going to come back next week when you're watching the game, and ..."

"Oooh, there's a frozen yogurt place two stores down!"

Our Turn appears Saturdays in *Life*. It's meant to capture the lifestyles of twenty- and thirty-somethings. This edition of *Our Turn* is by Journal sports writer Sean T. McMann. He can be reached at smcmann@poughkeepsiejournal.com.

Distinguished Sports Writing

Poughkeepsie Journal



Jim and Susan Hamburger pose with their granddaughter, Rowen VanTassell, at their Clinton Corners home. Four months after losing his daughter, Amee VanTassell, to a blood clot formed during her C-section section at the age of 36, Jim Hamburger will tee off today in the Dutchess County Amateur golf tournament. PHIL STRUM/POUGHKEEPSIE JOURNAL

PLAYING THROUGH

Jim Hamburger dedicating D.C. Am to his late daughter, Amee

By Phil Strum
Poughkeepsie Journal

CLINTON CORNERS—The giggles and grins of a baby can leave a chain reaction. Four-month-old Rowen VanTassell's smile has her grandparents, Jim and Susan Hamburger of Clinton Corners, smile and laugh, too.

There are times when being happy isn't so easy for the Hamburgers. The couple's daughter, Amee VanTassell, died of a blood clot on April 1 at age 36, just four days after giving birth to Rowen, her first child. The Hamburgers welcomed an addition to their family and home just as they were going through a loss.

"It's helped us a lot to have her here," Jim Hamburger said of Rowen, who, along with her father, Keith, now lives with Hamburger and his wife at their home in Northern Dutchess County. "I don't know where we'd be without her."

"We call her the therapy baby," Susan said. "I think she keeps us all going when we're bad."

"She does," Jim agreed. "This is 'She's Amee,'" Susan said. "This is



Jim Hamburger poses with his daughter, Amee VanTassell. VanTassell died on April 1, four days after giving birth, at the age of 36. COURTESY OF JIM HAMBURGER

what we have left of Amee. Her beautiful baby. That's a lot. We lost a lot, but we have a lot."

Jim Hamburger, 62, a retired Town of Poughkeepsie police sergeant, is competing in the Dutchess County Amateur golf tournament, which begins today at The Links at Union Vale in La Grangeville, continues Saturday at McCann Memorial Golf Course and

MORE GOLF INSIDE

Top golfers on a hot streak entering this year's Dutchess County Amateur, 4D
Five times for today's first round, 4D
Dier Gubel analysis this year's amateur field, 5D

concludes Sunday at Red Hook Golf Club. Hamburger said he is dedicating his tournament to the memory of his daughter.

"Amee meant everything to us," Jim said. "She was like the perfect kid right from the time she was a baby."

Her parents described Amee as a healthy, athletic woman who enjoyed riding horses, gardening and spending time with her family. Amee, who held a law degree from UConn, worked at Dutchess County Surrogate's Court as a confidential law clerk. Amee instructed and rodequestrian at Rivendell Riding Academy in Clinton Corners, a hobby she shared with her mother.


See D.C. AM, Page 4D

Distinguished Online Photo Gallery

Poughkeepsie Journal

Superstorm Sandy Hits Valley


October 30, 2012

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Distinguished Investigative Reporting

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NO SMALL THING COUNTING THE LYME DISEASE TOLL PART 6



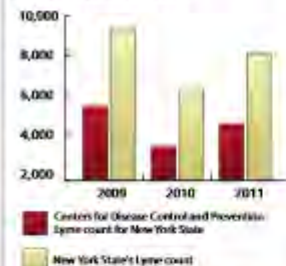
Lyme disease counting is uncertain, imprecise

ABOUT THE SERIES

This is part 6 in a Poughkeepsie Journal series on the nation's most common vector-borne disease. Go to www.poughkeepsiejournal.com/lyme to read previous installments, view videos and read reports on Lyme testing.

THOUSANDS OF CASES MISSED ...

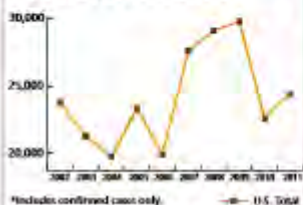
New York state counted 23,500 Lyme disease cases from 2009 to 2011. But because the state estimated a share of cases from its hardest hit counties,* 10,000 cases were not included in the federal count.



*The counties are all those along the Hudson River north of New York City, including Dutchess and Ulster.

... SO LYME APPEARS TO DECLINE SHARPLY

Lyme disease peaked in the U.S. in 2009 but some of the decline since is due to relaxed reporting and, as in New York, estimated cases.



Includes confirmed cases only. —■— U.S. Total

Source: N.Y. State Department of Health, U.S. Centers for Disease

AN EXCLUSIVE JOURNAL SPECIAL REPORT



A fox roams a small forestal area in Dutchess County, where researchers are studying the role of predation in Lyme disease. Foxes help control the population of mice, a prime rodent that infects ticks with the Lyme pathogen. www.poughkeepsiejournal.com

Cases soar in the Northeast; CDC admits undercounting but declines 'epidemic' label

By Mary Beth Pfeiffer
Poughkeepsie Journal

New York state — the veritable epicenter of tick-borne diseases in America — counted 23,600 cases of Lyme disease from 2009 to 2011. When the federal government posted the state's numbers, however, only 13,500 were listed.

Those lost cases help explain why Lyme disease appeared to decline sharply in America last year, when many Lyme physicians say they have never been busier.

They also reflect a new reality. Cases of Lyme disease are so common

in some places, monitoring them is simply too expensive and time-consuming — so much so that New York now allows its hardest-hit counties, including Dutchess and Ulster, to estimate cases — cases the feds do not count.

Precisely defining the tick-borne toll — officially 250,000 Lyme cases in America in the last decade — is a pressing issue nationwide and in the mid-Hudson Valley. In 2011, the U.S. rate soared at eight infections per 100,000 people; Dutchess, Ulster,

See LYME, Page 4A

ONLINE

Go to www.poughkeepsiejournal.com/lyme to see:
• Five previous reports on Lyme disease
• An interactive map on Lyme disease rates
• Displays of webchats on

• Six videos from the investigative series
• A Twitter feed with comments
• Resources for Lyme disease
• Links to related websites



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FOLLOW-UP

WINNER, 2011 AND 2012 **NEWSPAPER OF DISTINCTION** NEW YORK ASSOCIATED PRESS

Poughkeepsie Journal

A GANNETT COMPANY

Syria tension hits home for family



U.S. Navy sailor Nico Mischler, gets a kiss from his stepmother, Angela, as they stand with his father, Coco, at their town of Poughkeepsie home. Nico Mischler was recently stationed near Syria. (APRIL 15/13) POUGHKEEPSIE JOURNAL

Panos judge may allow questioning

Oral arguments heard Monday regarding ex-surgeon's staff

By Sarah Bradshaw
Poughkeepsie Journal



Spyros Panos

A Supreme Court justice is expected to decide soon whether medical personnel can be questioned under oath in lawsuits involving hundreds of patients of a former Dutchess County surgeon accused of malpractice.

Judge Lewis Labell heard oral arguments Monday in Putnam County on whether or not he should remove a stay blocking pretrial testimony of ex-orthopedic doctor Spyros Panos, his former surgical assistant Robert Morganti, and

other medical staff. According to the plaintiff attorneys, the stay has delayed lawyers representing 261 plaintiffs from preparing their cases and thus stalled justice for their clients.

The stay has been in place—off and on—for more than a year because of a federal criminal in-

See PANOS, Page 2A

ONLINE

To see previous articles and videos on the Panos lawsuits, visit www.poughkeepsiejournal.com/panos

Distinguished Beat Reporting

Poughkeepsie Journal



WINNER, 2011 AND 2012 **NEWSPAPER OF DISTINCTION** NEW YORK ASSOCIATED PRESS

Poughkeepsie Journal

A GANNETT COMPANY

UP TO **\$214 IN COUPONS** IN TODAY'S EDITION

Grand jury probes election board

- » Affidavit says Democratic commissioner, others investigated
- » 'Misconduct' inquiry can result in legal charges or nothing

By Sarah Bradshaw
Poughkeepsie Journal

A Dutchess County grand jury has been investigating alleged misconduct involving the Board of Elections, according to a court affidavit obtained by the Poughkeepsie Journal.

The sworn statement by Republican Election Commissioner Erik Haight about Democratic Election Commission-

er Fran Knapp reads: "The Dutchess County District Attorney's Office has empanelled [sic] a Grand Jury to explore alleged criminal conduct by the petitioner and one or more of her employees. Many employees of the Board of Elections have been subpoenaed to testify before the Grand Jury. I, myself, was subpoenaed, and freely testified before that body."

The court document identifies Knapp

as the petitioner in the civil court case associated with the affidavit.

The public document, dated Nov. 27, was obtained by the Journal from the law clerk of Justice Robert DiBella, who sits in state Supreme Court in Westchester County. Upon the recusal of local justices, DiBella was assigned the case when he was sitting in Dutchess County.

The public document is part of ongoing court proceedings that document

ONLINE

To read Erik Haight's affidavit, visit www.poughkeepsiejournal.com.

contentiousness between the top officials who oversee Dutchess County election records.

Knapp didn't return several messages Thursday or Friday after the Journal made calls to her office, home, cellphone and attorney. She didn't respond to emails sent to her work account and via Facebook. She previously told the Jour-

See AFFIDAVIT, Page 2A

Distinguished Editorial Writing

Poughkeepsie Journal

SA

SATURDAY, March 2, 2013 | poughkeepsiejournal.com/opinion

Opinion

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EDITORIAL STAFF • 845-437-4000 • www.poughkeepsiejournal.com

Editorial

Hateful church's bid backfires

So a few members of a hate-spewing so-called "church" based in Kansas came to the area Thursday to protest at a memorial service for General Norman Schwarzkopf at West Point and then at Vassar College in the Town of Poughkeepsie.

The church sees the country going to hell in a handbasket for its tolerance of gays and lesbians, etc. We are not going to name the church. It gets enough press.

We would rather use this space today to praise the uplifting counter protest — a far larger demonstration — that ensued at Vassar, where the community converged to talk about diversity, tolerance and social justice. Significantly, among the hundreds of people taking a stand were students from neighboring colleges — and neighbors of Vassar College.

We would rather talk about the myriad community-minded endeavors that people can participate in regularly throughout the mid-Hudson Valley. We would rather put the spotlight on the organizations that toil so hard to help those in dire need.

We would rather call attention to the Dutchess County Interfaith Council, which brings together people of diverse faiths to harness and tackle difficult community issues, including racial and religious intolerance.

We would rather cite the unyielding, intense mission of the Grace Smith House helping victims of domestic violence. Or the incredibly wrenching job of The Center for the Prevention of Child Abuse in coming to the rescue of our most vulnerable and impressionable people.

We would rather chart the vast humanitarian reach of the Food Bank of the Hudson Valley, which distributes food to shelters and soup kitchens throughout the area. Or what Hudson River Housing has done to create affordable housing options for people who otherwise wouldn't have a home.

Rather than mentioning by name that pitiful excuse for a church, we would rather talk, specifically, about the Mediation Center of Dutchess County's efforts at conflict resolution and its focus on issues of growing importance, such as ending bullying in school. Or the vexing, complicated job the Mental Health America of Dutchess County has in trying to help people with illnesses that are so easily misunderstood.

We will end with a timely reminder that The United

Way of Dutchess-Orange Region continues to raise money that goes into education, health and other vital programs that benefit the community.

And point out that all these groups — and plenty more — can use help in one capacity or another.

As for Thursday's protests, the Vassar community has splendidly turned the ordeal into a positive one, raising money for crisis intervention and suicide prevention services for the lesbian, gay, bisexual, transgender community.

Students also have reached out in support of West Point, something you will read about in a column on Sunday's opinion page.

Reading the Poughkeepsie Journal's coverage of the events, watching the videos of those at the scene and seeing the photos, one was reminded of what constitutes a community — and how any community can overcome even the vilest of actions and push progress.


As Martin Luther King Jr. once poignantly said, "Darkness cannot drive out darkness; only light can do that."

People gather at Vassar College Thursday to talk about diversity, tolerance and social justice, etc.

AMERICAN OVERSIGHT JOURNAL

Distinguished Community Service


Poughkeepsie Journal

NO SMALL THING FLUNKING THE LYME DISEASE TEST PART 5 

DICEY PATH TO LYME DIAGNOSIS

ABOUT THIS SERIES
This is part 5 in a Poughkeepsie Journal series on the nation's most common vector-borne disease. Go to www.poughkeepsiejournal.com/lyme to read previous installments, view videos and read reports on Lyme testing.


AN EXCLUSIVE JOURNAL SPECIAL REPORT



Kimberly Collins, 50, holds the results of a brain scan that found "white matter lesions ... that could relate" to Lyme disease. Her Lyme tests were negative but she was treated nonetheless. PHOTOGRAPH: JOURNAL

CDC says tests 'almost always' correct, but the pitfalls are many

A SCOURGE OF TICKS



Dutchess, Ulster, Columbia and Greene counties had New York's highest Lyme rates from 2007 to 2009.

WHO GETS LYME AND WHEN


Biggest months for Lyme disease
The most Lyme cases are reported in July. Below are the top six months.

1. July
2. June
3. August
4. May
5. September
6. October

More children infected...
Children 5 to 9 years old account for the most Lyme cases by age group. Below are the top five groups.


1. 5-9
2. 45-49
3. 10-14
4. 50-54
5. 40-44

More whites infected



White 94%, Other 3.1%, 1.1% Asian/Pacific Islander, American Indian, Black 1.7%.

More men with Lyme



Male 53%, Female 47%.

Source: New York State Department of Health

Distinguished State Government Coverage

Poughkeepsie Journal

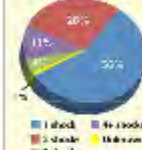
SHOCKED INTO SUBMISSION | TASERS & FORCE PART 6

SOME TASER USES BY TROOPERS IN QUESTION

A pilot study: Tasers & state police

Whenever people were subjected to electric shock from tasers in the first 18 months of a New York State Police pilot program to test the use of stun guns.

Number of stuns†



Race‡



Armed?§



Injured?¶



Age

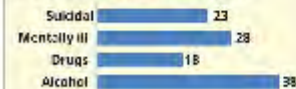


Gender||



Risk factors

Only 20 percent of those "tased" exhibited a condition that increases risk of injury or death.**



Sources: Poughkeepsie Journal analysis of New York State Police reports†. Data unavailable in one case. ‡ Data not included due to privacy. § Data not included due to privacy. ¶ Data not included due to privacy. || Data not included due to privacy. ** Data not included due to privacy.

AN EXCLUSIVE JOURNAL SPECIAL REPORT

State police defend use of stun guns in pilot program

By Vinayak Balasubramanian and Mary Beth Pfeiffer

ABOUT THIS SERIES

Shocked Into Submission is a series of articles on the growing use of stun guns among police agencies, based on the analysis of more than 500 police reports obtained under the Freedom of Information Law. In previous installments, the Journal found:

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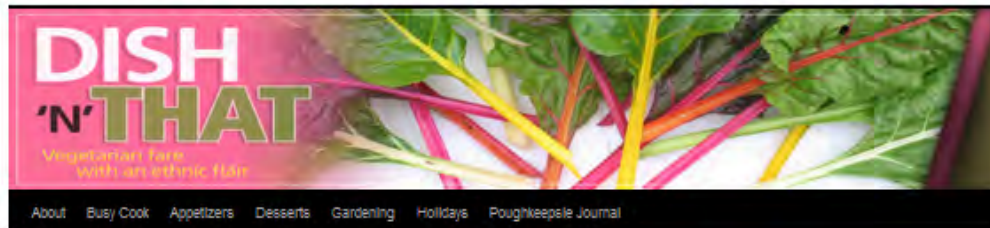


Distinguished Online Blog

Poughkeepsie Journal

Dish 'n' That

Vegetarian Fare with an Ethnic Flair



— Fresh greens a sure sign of spring —

Décadent Dulce de Leche sauce made easy —

Stamp a pasta coin to make Corzetti

Posted on April 10, 2013 by Barbara



Corzetti are handmade pasta coins that are stamped using a wooden tool.

I never tire of pasta and it is always a wonderful surprise to discover a new and delicious variety.

Such was the case when I received an unusual-looking wooden implement from a family

Search: Recipes, topics

Search

Calendar
April 2013

M	T	W	T	F	S	S
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

« Mar

May »

Blogroll

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- [Busy Cook](#)
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Distinguished Multi-Media Presentation

Poughkeepsie Journal

HOME vs. HOSPITAL



Antonia Kammengieser dresses her newborn daughter, Lusa, Oct. 7, 2011, one week after her birth at home in Red Hook. CHRISIE WILLIAMS/POUGHKEEPSIE JOURNAL

Giving birth in 'comfort' is on the rise

By Chrisie Williams
Poughkeepsie Journal

Antonia Kammengieser swayed in the arms of her husband as if she were dancing. She alternately dozed and granted between contractions, winced occasionally, swore intermittently and even found time for laughter.

More than 12 hours after her water broke in the early morning in October 2011, Kammengieser gave birth to her third child at home in Red Hook — her second home birth.

Her first child, Sophia, 5, was born at Neugarten Family Birth Center in Rhinebeck, where Kammengieser describes her doctors and nurses as being great. Yet, she was still frustrated with having to comply with the center's established procedures on childbirth.

"They broke my rhythm a lot," Kammengieser said of the frequent cervical checks and being asked to lie down. "It just didn't feel natural to me, but at that point you don't argue, or at least I didn't."

Fueled by hopes for a completely natural

See BIRTHS, Page 3A

FIRST PERSON

Woman's labor shows positives

By Chrisie Williams
Poughkeepsie Journal

Editor's note: Poughkeepsie Journal multimedia artist Chrisie Williams shares what led her to explore childbirth and inspired her yearlong video project into the lives of women who choose to give birth at home.

I was 16 years old when my mother gave birth to my younger sister. Having had two miscarriages, with my older sister and me, this would be her first attempt at a vaginal delivery.

We didn't have insurance, but my mother chose a hospital close to our home for her labor and delivery and we



Frank Kammengieser supports his wife, Antonia, during her home birth. Mary Riley, the couple's doula, encourages the mother to breathe slowly and relax. CHRISIE WILLIAMS/POUGHKEEPSIE JOURNAL

"It's not just an experience. It's not just a surgery. It's all one whole that makes

ONLINE

To see a video report on home childbirth, go to www.poughkeepsiejournal.com

Don't just choose your new OB/GYN out of a book. Meet them through an online video first.

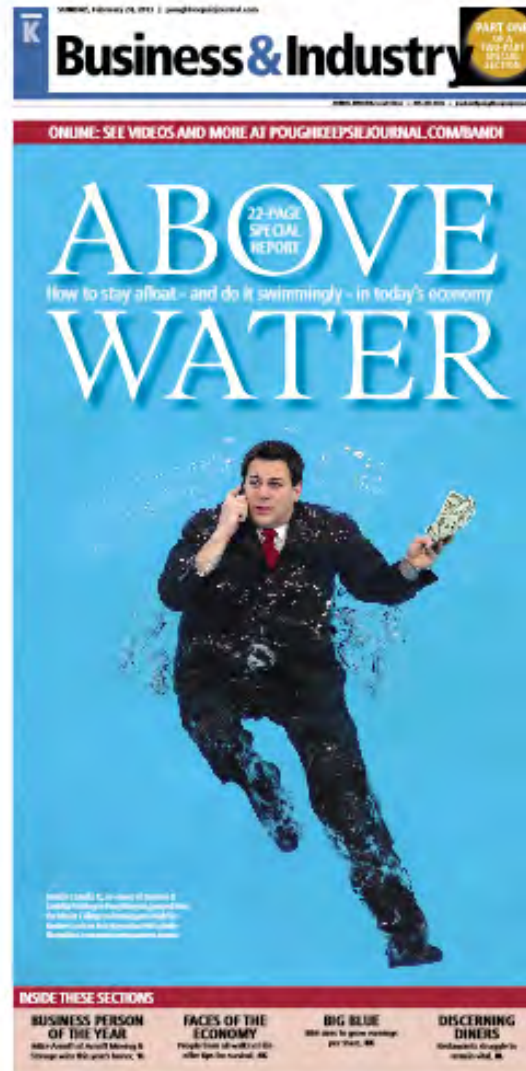
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≡ NUTRITION



VEGAN LIVING

New
cookbook
is designed
for beginners

By Merij Tablon
For the Poughkeepsie Journal

Sometimes it's the mirror. Or the mirror. Or the fragrance. In fact, far more often than we think, it's not the meat or the fish that gives our favorite dishes the taste we long for. That's just one of the discoveries that convinced people decide to eliminate animal products from their diets and become vegans.

Continued on Page 34

Linda Long is the author of "Virgin Vegan," a cookbook for beginning vegans.

CELEBRITY PHOTOS

SEPTEMBER 2013

A GUIDE TO WELLNESS 33

Distinguished News Photography

Staten Island Advance



Distinguished Breaking News Coverage

Observer-Dispatch, Utica

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HERKIMER COUNTY SHOOTING RAMPAGE

'IT CAN HAPPEN ANYWHERE'

■ 4 killed, 2 hurt in Mohawk, Herkimer | ■ Schools, businesses locked down across region | ■ Suspect barricaded in Herkimer building

BY ROCCO LADUCA
rladuca@uticaod.com

It started with a fire in Mohawk shortly before 9:30 a.m. Wednesday.

Then after an exchange of words with people inside nearby John's Barbershop, 64-year-old Kurt Myers opened fire with a shotgun, killing two and injuring two more, in a "totally unprovoked" attack, authorities said.

Minutes later, two more people were shot dead at Gaffey's Fast Lube about a mile away in Herkimer.

Police believe Myers then took refuge in an abandoned hotel above the former Glory Days bar just around the corner from the Herkimer village police station.

It was there that Myers rained gunfire at about 1:30 p.m. on the armed officers swarmed below, before disappearing again as officers possibly returned fire, police said.

And then, silence.

Schools and some businesses in the Mohawk Valley went into lock down as police waited for Myers' next move. And bit by bit, troopers told the gawking onlookers to keep backing farther and farther away as they watched to see how it



ROB ROTH / OBSERVER-DISPATCH

Heavily armed police take cover behind a police vehicle Wednesday in downtown Herkimer as shots were fired. The shots were believed to have come from a North Main Street building that housed the former Glory Days bar, where police had been focusing a search for shooting suspect Kurt Myers. Myers, 64, of Mohawk, has been identified as the main suspect in the fatal shooting of four people and wounding of two others earlier Wednesday morning.

PLEASE SEE 'IT CAN' A6

Distinguished Sports Coverage

Observer-Dispatch, Utica



THE RACE
RESULTS
NAMES,
TIMES
OF FINISHERS
SECTION D



NEED MORE
BOILERMAKER?

PHOTOS FROM THE STARTING
LINE TO THE POST RACE PARTY

[UTICAOD.COM/
BOILERMAKER](http://UTICAOD.COM/BOILERMAKER)

'It was a great day'

Increased security, humidity highlight 36th annual Boilermaker



Runners approach the crest of Culver Avenue in East Utica on Sunday morning during the start of the 36th annual Utica Boilermaker Road Race. About 11,370 runners finished the 15K road race this year under hot, humid temperatures along with increased security in light of the Boston Marathon bombings.

AARON URE / OBSERVER-DISPATCH

INSIDE



RACE WINNER

Julius Kiser, 24, running in Utica for the first time, covered the 15K in 43 minutes, 55 seconds. **1B**

Linheth Chepkurui grabbed the women's open title in 50:33. **1B**

5K DOMINATED BY LOCAL RUNNERS 3B

EAST UTICA: NEWEST ARRIVALS CHEER ON RUNNERS 4B



SOUTH UTICA: SPECTATORS KEEP RUNNERS MOVING 5B

NEW HARTFORD/YORKVILLE: SIGNS READ 'RUN DADLY RUN' AND 'STAY UPRIGHT' 6B

WEST UTICA: THE GENERATIONS GATHER TO CHEER 7B

PHOTOS CAPTURE THE DAY'S BEST MOMENTS 8B-9B

Distinguished Page Design/Presentation

Observer-Dispatch, Utica

MIDEAST CRISIS: EGYPT ARMY OUSTS MORSI, WHO DECRIES 'COUP' » 1B

FLOODING 2013
SCHUMER VISITS, PRICE GOUGING, HOW TO HELP » 3A

ROME PITCHER FEELS 'BLESSED'
PRO CAREER OVER, BUT NO LETDOWN » 1C

HEALTH CARE

Who We Are
This is the story of
Over the last year, the many diverse people and cultures in the Mohawk Valley have shown us why we are lauded as a place of acceptance

Businesses have an extra year to comply
BY ELIZABETH COOPER
ecooper@uticadisp.com

After this week's announcement that a key provision of the federal Affordable Care Act would be delayed, local businesses are trying to figure out how it will affect them. But that's not the only reason for businesses to watch the clock, either.

Defending her country
"I love the country, the history, the discipline and that you have to work hard to earn something," said Malina Mohamed, who is Turkish, about her decision to attend the Naval Academy. Mohamed moved to Utica from her native Turkey when she was 13. **HER STORY, 6A**

Finding a home in church
When one moves to a new place, there's always a search for belonging. For Grace Wynn, a 40-year-old Korean refugee, it was a particular church. The solution came in the form of Grace Episcopal Church on Genesee Street in Utica. **HER STORY, 6A**

Feeling right at home
Ryan Jurek, 44, and his three teenage children left the tight-knit Irish farm house in Croatia with national Ukrainian troops. "I just built this house," he said. "Take a little Ukraine." **HER STORY, 6A**

Love unites family
Katie has not only been a step for the Leticia to find a home, she has also found a home in Utica. Katie and her daughters moved to Utica in 1998 from a Croatian refugee camp. **HER STORY, 6A**

Sport brings kids together
24-year-old Somali-born refugee Mohamed Mohamed is coach of his son team, East Africa United. "I want them to always together, no matter where you come from," he said. **HER STORY, 6A**

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Times Union, Albany



Timesunion.com | Monday, April 29, 2013 | NAMED NEW YORK'S BEST MIDSIZED NEWSPAPER | ALBANY, NEW YORK | \$1.00

WHITE-COLLAR CRIME

Manor life for fraud convict

J. Felix Strevell has yet to repay money he stole from New York state

By Brendan J. Lyons

Nassau

The old farmhouse along Hanley Road bubbled to life a couple months ago. A guy named "Joe" and his daughter brought in a small herd of horses, they hired contractors to fix up the manor-like house, and introduced themselves to neighbors as they settled in at the 129-acre

property along the Columbia County border.

But there's more to Joe's story than raising horses. Four years ago, Joe, who is also known as J. Felix Strevell, was sentenced by a federal judge in Albany to six months of home confinement and five years' probation. He also was ordered to pay back \$111,500 that he stole from the state of New York, although federal prosecutors have said the actual losses may have topped \$200,000.

Records show Strevell has paid back just \$6,100 in resti-

tution, making \$100-a-month minimum payments that federal authorities said he's occasionally missed. Federal authorities, if they can show Strevell has the assets to pay off his criminal penalty, could seek a court order compelling him to do so.

Strevell runs a small but bustling auto dealership with his brother, Chauncey, in Rensselaer, and has been heavily involved in the real estate trade, records show. He's apparently done well enough to arrange a lease-purchase contract on the

Please see **STREVELL A6** ▶



Times Union archive

J. Felix Strevell, who was convicted of defrauding taxpayers as the head of a state-sponsored nonprofit, is living on a 129-acre farm in Nassau.

Distinguished Headline Writing

Times Union, Albany

RIDING THE CIRCUIT



(Photos by Paul Buckowski/Press/John)

Pastor Dan Boyd of Horton, Kansas, on his horse, Bubba, leads a service Sunday at Double M Western Store in Horton. Below, his son, Gary, speaks about forgiving people. He was injured as a child in a crash caused by a drunken driver that killed his brother and mother.

A sermon on a different mount

Cowboy's horseback message mixes the glory of God with old-fashioned storytelling

By Bryan Fitzgerald

Horton Spe

Horses, hay and the Holy Spirit. That's life these days for Pastor Dan Boyd. The Kansas native runs a roving "cowboy church," preaching the Bible atop Bubba, his 9-year-old stallion.

Bubba and Boyd have been riding cross-country since September. On Sunday en route to New England, they stopped outside the Double M Western Store off Route 60, spreading the word of God from a muddy rodeo pen in front of a crowd of about 200 seated on bleachers and lawn chairs.

"Cowboy up with Jesus up on your side" was one of Boyd's refrains. "We ride for Jesus" was another.

Wearing a wide-brimmed black hat decorated with a gold cross, suspenders, jeans



and a gold-buckled belt, Boyd preached in his thick Midwest twang. His sermon was light on Scripture and heavy on life

experiences, notions and the similarities he sees between the life of a cowboy and a man of God.

"See, it's easy to love a horse. It's not easy to love somebody who's mean and hateful," Boyd said through his long, scraggly white beard.

Boyd travels with his wife, Grace, his son, Gary, Bubba and two other horses, Little Red and Molly. Two of them will ride the horses while the other family member follows closely in a trailer they sleep in. They left Kansas in September and aim to travel across the country for three years. So far they've traversed up the Midwest toward the East Coast. From New England, they'll head to Florida, then across the south all the way to New Mexico and up the West Coast before returning home.

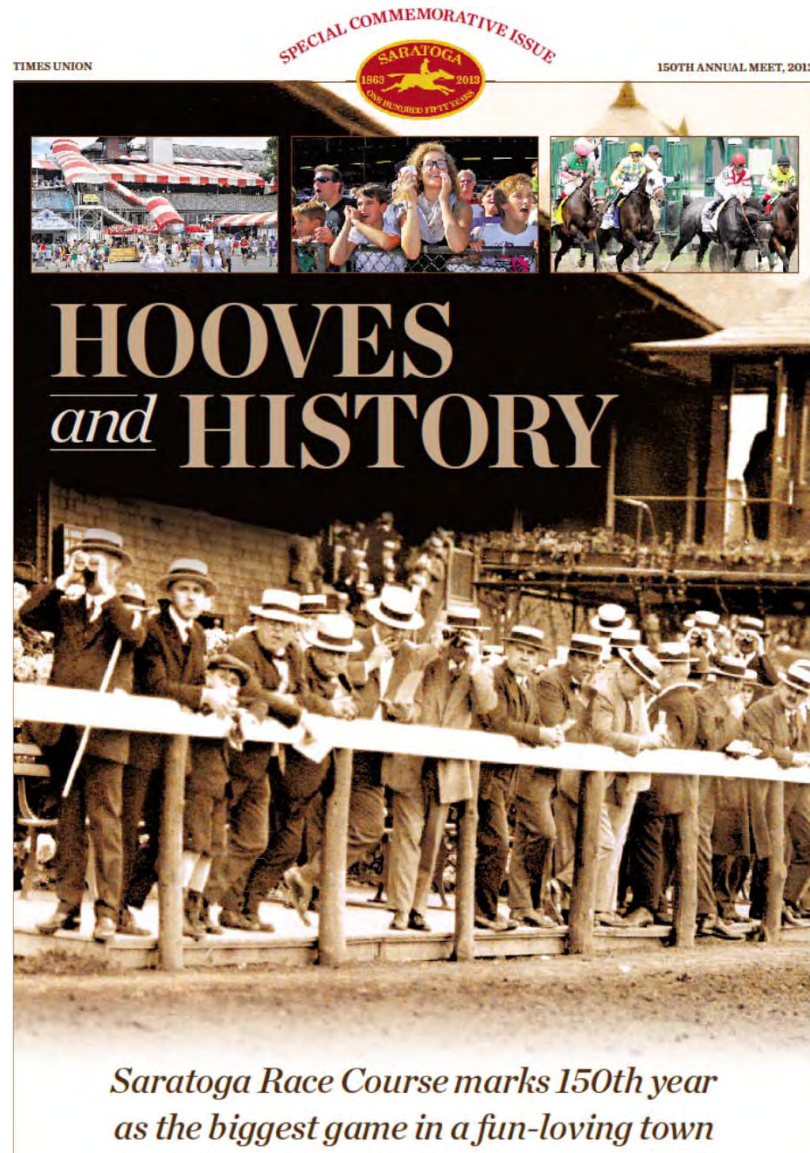
"It's not about glorifying cowboys," said Boyd. "It's about glorifying Jesus Christ."

Boyd said he started preaching 30 years ago, after his first wife and his other son died in a car crash in Pennsylvania. Boyd

Please see COWBOY CR ►

Distinguished Newspaper Supplement

Times Union, Albany



Distinguished Investigative Reporting

Democrat and Chronicle, Rochester

WATCHDOG REPORT

CITY NURSING HOME AMONG WORST IN NATION

"THESE ARE HUMAN BEINGS. WHY ARE THE RESIDENTS
HAVING TO ENDURE REPEAT DEFICIENCIES?"

Patti Singer
Staff writer

The water was too hot, or it would be so cold that one resident described taking a shower as "polar dipping."

Outdated insulin was given to another resident, and other insulin vials were open and undated.

As flies buzzed about, food sat on the window ledge of a third resident's room, close to an unemptied urine container.

Problems with safety and comfort of the environment, drug records, and housekeeping and maintenance had been documented before, but they still were issues when a team from the state Department of Health left Blossom South Nursing and Rehabilitation Center on March 19.

See BLOSSOM, Page 12A



Blossom South Nursing and Rehabilitation Center, 1175 Monroe Ave., has been on the Special Focus Facility Initiative list for 25 months. JAMES GERMANO / STAFF PHOTOGRAPHER

Distinguished Business Reporting

Democrat and Chronicle, Rochester

Democrat and Chronicle | SPECIAL REPORT
SEPTEMBER 1, 2013

KodakNext

OUT OF BANKRUPTCY, INTO A NEW ERA

CAN ICONIC INNOVATOR REINVENT ITSELF?

KODAK HAS A STRATEGY TO CHANGE ITS FORTUNES. HERE'S THE PLAN, AND ITS PROSPECTS.

Matthew Eisenstein | Staff Writer

It looks like a magic trick. A sheet of ordinary office paper rotates rapidly on a spinning drum. In literally the blink of an eye, the sheet is covered in black text, using drops of ink measured in picoliters—a picoliter being a millionth of a liter.

Kodakman Kodak Co. scientists in this Lake Avenue research hub are tinkering with the technique, called Stream Image Technology, to improve performance. Nearby, scientists are working on further perfecting its Squeezed Ink laser-writing technology and potentially toward breakthroughs in spatial stream layer deposition, headless an atomic-level layer of film onto the contours of a surface.

Downright, such work could find its way into even higher-speed printing presses and products such as foldable smartphones, a new generation of solar cells and wearable gadgets that monitor vital signs.

More tentatively, the hope is that this kind of technology can save a 121-year-old company emerging from 20 months of bankruptcy this week.

The question of whether Kodak can succeed will take years to answer. But, sink or swim, the company is now officially entering its next era with a much smaller workforce, drastically cut costs and a narrower focus on a specific set of markets and offerings.

See D17BME, Page D2

ROCHESTER
REINVENTING
OUR SELF-IMAGE

THE FUTURE
EASTMAN PARK
POISED TO GROW

TIMELINE
MOVING BEYOND
THE BANKRUPTCY

IMPACT
ON IT Ripples
ACROSS REGION

WANT MORE?
VIDEOS,
INTERACTIVES,
CONVERSATION

WHAT'S THIS?

Page 46C Sunday, September 1, 2013

KodakNext ANATOMY OF A BANKRUPTCY

As the world embraced digital imagery and abandoned film, a once-mighty company struggled to survive.

STOCK PRICES

1987 \$27.06
1997 \$34.17
2001 \$28.26
2002 \$2.73
2003 \$5.56

SALES

1987 \$10.82B
1997 \$16.95B
2001 \$12.89B
2011 \$6B

PROFITS

1987 \$1.16B
1997 \$1.15B
2001 \$265M
2011 LOSS \$764M

KEY EVENTS

1982 "Life Never Looked So Good."
That was the tagline on Eastman Kodak Co.'s Kodacolor VR line of films introduced in 1982, but it very well could have been the company's motto at the time. Despite a revolution, Kodak backed in the success of its film camera and Kodacolor VR film. Kodak rolled out that year, more than 8 million disc cameras had been shipped from Rochester by year's end.
Kodak was seemingly everywhere, from making vitamins and the ingredients for penicillin to turning out polyester used for knit apparel.
Locally, Kodak employment reached 60,400, an all-time high. But citing the economy, the company said that it would cut its workforce through voluntary early retirements and layoffs in 1983. And consumers ultimately turned away from the disc camera and its relatively poor photo quality, the company discontinued its manufacture just a few years later.
Digital technology was making its way into Kodak products—for example, in the processing of film disc negatives, for image sharpening.

1992 Kodak founder George Eastman started Eastman Kodak Co. in 1882. A hundred years later, the seams were starting to show. The year before, it consolidated 17 autonomous imaging businesses into five business units. As a result, 8,000 positions were cut. In 1992, Kodak also sold a variety of businesses.
Kodak still was hugely diversified. Through its Sterling Winthrop pharmaceutical and health products subsidiary purchased in 1988, Kodak's products included Bayer aspirin and Philip Morris Magnolia. Eastman Chemical was spun off in late 1993.
Digital technology increasingly was driving Kodak product offerings, most notably the Photo CD platform of products, introduced in 1982. Photo CD converted film and paper images to disc. But film still was king, and that year the company rolled out the Fun Saver 35 single-use camera and three lines of D30 film for motion picture and television imaging.

2003 As digital technology increasingly became the norm in the imaging world, Kodak announced big steps to keep up. In 2003, it sold it would cut 12,000 to 15,000 positions over the next three years and eliminate operations worldwide, shrinking its real estate footprint by a third.
The company also pegged increasing hopes on commercial printing, forming a commercial printing and database management business. It purchased digital print company Scitex Digital Printing, renaming it Varimark. And early in 2004, Kodak said it would take over the Hewlett-Packard print press joint venture it had with Heidelberg.
Early in 2004, the company agreed to sell its Remote Sensing Systems operation to ITT Industries Inc. Today, that business is part of ITT's optical business.

2011 Kodak poured money into a handful of areas, hoping to use them enough to compensate for its rapidly shrinking film business and its increasingly troubled digital photo business. All of Kodak's growth businesses were up 17 percent from a year earlier. But the problems were bigger than that.
Digital capture devices, which included digital cameras and picture frames, accounted for 35 percent of the company's revenues in 2011—about half of what they did a year earlier. In early 2012, the company would announce it was shuttering its digital camera business. Kodak that year would also apparently decide it couldn't continue to invest in its home printer business and said it was ending its desktop printer line.

On Jan. 18, 2012, Kodak filed for Chapter 11 bankruptcy protection.

DECISION MAKERS

CEO Richard A. Tsien
1993-1997

CEO Ray W. Whitmore
1997-2003

CEO Chairman David A. Carr
2003-2011

CEO Chairman David A. Carr
2011-2013

EMPLOYEES

1987 60,400
1997 39,300
2003 21,600
2011 5,100

LOOKING FORWARD

2014
Kodak sees its focus on commercial and packaging printing, on services serving those industries, and on the use of printing technology as a form of manufacturing—i.e., "functional printing." Through its bankruptcy, Kodak hacked at its financial liabilities, particularly those tied to retirees, and shut down or sold numerous business lines and assets. During its bankruptcy, it also cut more than 20 percent of its workforce, including deep cuts among management ranks.

Kodak in turn is expecting 2014 to be its first growth year since 2005, with projections showing revenues growing 24 percent by 2017.

Distinguished Sports Writing

Democrat and Chronicle, Rochester

Lost his mother to a vicious disease, his father to prison, his house to a fire.

'After my mom died, I was devastated.'

Grateful for the game

Countless episodes of mental and physical abuse with his stepfather.

'He would call me ugly.'


For three months, Jake and his siblings wore one outfit to school every day. Classmates mocked him for wearing the same clothes.

Those words didn't hurt, they motivated me.

Car accident left him paralyzed for 10 days.

NCAA ruled him ineligible for his senior season at Buffalo State.

Basketball isn't simply Jake Simmons' life, it saved his life.



Jake Simmons has overcome numerous obstacles and is now Buffalo State's career scoring leader. ADRIAN KRALLS

Distinguished Community Service

Democrat and Chronicle, Rochester



Editorial: Education

The City School District has no excuse for not moving the needle on student outcomes in 2014.

Editorial: Jobs

Reliable employment is arguably the most critical building block for stable families, housing and staying out of the criminal justice system.

Editorial: Rochester's caring must translate into action

There must be buy-in by all segments of the community to succeed in addressing Rochester's racial

Unite blog

UNITE / Kayla Jenkins



Paul Ryan Says What

Is poverty a cultural issue as so inelegantly stated by Paul Ryan? Absolutely not. My toes are tingling in anticipation of future SNL...

UNITE / Steven Jarose



Good intentions don't Justify the Means

This week I entered my much beloved local YMCA to discover a new bulletin board inviting patrons to write in six words or less what... more

UNITE / Gary Molendon



Brenda's Message

?Brenda Hardaway will likely spend about two more months in jail and then five years under the supervision of the county's probation office for c... more

Join The Conversation

Comment on book reviews, written by local residents.

Distinguished Sports Coverage

Democrat and Chronicle, Rochester



Jason Dufner kisses the Wanamaker Trophy as wife Amanda looks on following his two-stroke victory Sunday at the 95th PGA Championship at Oak Hill Country Club in Pittsford.

Jason Dufner, a 35-year-old golf historian and Twitter sensation for a photo of his relaxed demeanor that went viral and spawned the term #dufnering, went 27 holes without making bogey and secured his place in golf — and Rochester — history by winning the 95th PGA Championship on Sunday at Oak Hill Country Club. Dufner, who set a course record by shooting 63 on Friday, finished at 10 under par to defeat Jim Furyk by two shots in the 11th major championship contested on the Pittsford club's famed East Course.

ONLINE SOURCE

Go to rocnpgatf.com for complete coverage of the 95th PGA Championship, including online photo galleries, videos and more.

PHOTO COURTESY OF PGA TOUR

WELL-ROOTED

Jason Dufner plans to take roots in Rochester home with his wife, Amanda.

LEO ROTH

Dufner and Furyk provided interest in 95th PG

This story is our "Featured of the Day." Look for the headline at rocn.com/dufner. Click "Subscribe" to follow our coverage.

D&C

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Democrat and Chronicle
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TRAVEL ALONG AT DEMOCRATANDCHRONICLE.COM/CANAL
Learn more about the canal on D&C Channel by joining the webcast this week.

RIDE WITH US ON THE ERIE CANAL

THE city is reflected in the Erie Canal looking east from Lock 26 in Webster, shortly after sunrise.

About 80% of upstate New York's population lives within 20 miles of the waterway that gave birth to region's economy.

MAP AND MORE INSIDE
Look inside for a map of the length of the Erie Canal that shows the day-by-day progress reported during the week's ride trip. You'll also find the canal and an interview with a local Canal Bridge Insider. **Pages 12A-12A**

FOLLOW ALONG AS WE CYCLE THE CANAL PATH
Staff writer Justin Murphy and photographer Anne Kelly will be cycling from Buffalo to Albany this week, chronicling their daily trip, photos and notes, which will be collected in an interactive digital journal at DemocratandChronicle.com/canal. On this new tablet app and through social media, daily posts will not only be featured in print, but also on the website at WWW.DEMOCRATANDCHRONICLE.COM. The heading for the app is WWW.DEMOCRATANDCHRONICLE.COM.

REBUILDING NEW YORK'S ECONOMY
There are jobs available, if you have the right skills
70,000 positions open to those willing to learn

ANALYST — There are more than 70,000 people out of work in New York, while there are at least 70,000 open jobs if New York state's job seekers could fit those available positions, the unemployment rate could be reduced by more than 10 percent.

As the state's unemployment rate slowly declines, workforce development agencies are struggling to match unemployed job seekers with open available positions.

"We have a strong group of companies here that struggle to find employees. That's an example of the skills gap, and we have been, for many years, trying to address it," said Todd Follans, vice president for economic development and innovative workforce services at Monroe Community College in Rochester.

While not all the jobs available in the state are on the Labor Department website, the portal offers the current picture of New York's job-market. The state's unemployment rate in May was 7.6 percent, with 73,000 New Yorkers out of a job. That's the lowest level since February 2009 and on par with the national rate, the Labor Department said. New York's unemployment rate had surpassed the national figure.

EUROPE'S RALLY A STUNNER AT 1995 RYDER CUP
When Greg Lesh and his 1995 Ryder Cup team, the 1995 Ryder Cup, Lesh's team of European golfers had been involved in 10 Ryder Cup and had all the fun in 1995. The European team's championship victory in 1995 was a surprise.

LOCAL ARTISTS HIT THE ROAD
More area artists are showing their work at the 2013 Art Fair, which is the county's 2013 Art Fair.

4-YEAR DEGREES NOT NECESSARY
Many area high-tech jobs don't require a four-year degree.

HYDROLYZA TO BE TARGETED AGAIN
Invasive plant is spreading in the state.

84°/69°
SOME SUN WITH A STORM
Expanded Weather, 10A

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The "World's Greatest Cheeseburger"

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Democrat and Chronicle, Rochester

KodakNext

CAN ICONIC INNOVATOR
REINVENT ITSELF?

OUR NEW SELF-IMAGE

BANKRUPTCY'S IMPACT

EASTMAN BUSINESS PARK

ANATOMY OF A
BANKRUPTCY

YOUR COMMENTS

CREDITS

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CAN ICONIC INNOVATOR REINVENT ITSELF?

Kodak has a strategy to change its fortunes. Here's the plan, and its prospects.

KodakNext Part 1



Video by Max Schulte

KodakNext Part 2



Video by Max Schulte



Matthew Daneman

Staff writer

MDANEMAN@DemocratandChronicle.com

[Twitter.com/mdaneman](https://twitter.com/mdaneman)

[Facebook.com/mdanemanmedia](https://facebook.com/mdanemanmedia)

September 1, 2013

It looks like a magic trick. A sheet of ordinary office paper rotates

Kodak before

The Eastman Kodak Co. that filed for Chapter 11 protection in January 2012 and the company that exits bankruptcy this week share the same name and some of the same DNA. But they're more akin to cousins than older and younger versions of the same. Consider.

Distinguished Specialty Publication

Democrat and Chronicle, Rochester



Distinguished Specialty Publication Feature Writing

Democrat and Chronicle, Rochester

mind, body & soul

The Abduction



IMAGE COURTESY OF SCOTT BEVING

**As a child, he was swept up in a saga
that became international news.
Today, he's working to find meaning in it all.**

Distinguished Editorial Writing

The Post-Standard, Syracuse

Brad Hulett's Taser arrest: He deserves an apology and the public deserves an explanation

205
comments



Disabled Man Tasered on Centro Bus

Syracuse police used a taser to get Brad Hulett off a Centro bus May 3, 2013, after he refused to sit down or get off on his own. Hulett, who says a back condition makes it difficult to sit while riding a bus, suffered a broken hip in the incident, according to hospital records.




By Editorial Board

on August 04, 2013 at 7:00 AM, updated August 04, 2013 at 9:53 AM

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STORM CENTRAL: HURRICANE SANDY




8:55 a.m.: Wind warning of 80 mph gusts as storm picks up speed, worst from 2-11 p.m.


Hurricane Sandy strengthened before dawn this morning and stayed on a predicted path toward Washington, Baltimore, Philadelphia and New York — putting it on a collision course with two other weather systems that would create a superstorm with the potential for havoc over 800 miles from the East Coast to the Great Lakes. LoHud.com will be covering the storm around the clock, so check back often for updates and information.




Photos: Region braces for Hurricane Sandy



Live video: Frequent updates throughout the day



Video: Watch Hurricane Sandy from space



Be part of the news team, send photos

Sandy, surge pose 'worst case scenario'

Be prepared for days without power

Power outages: Latest updates from local utilities

Emergency numbers for each town

Also in the news

SEE MORE NEWS

Giants beat Tigers, 4-3, in 10 innings for World Series sweep

1,000 run in Lindsey Bonistall's memory

Defense: Feds wrong about shoe salesman, FBI agent's pal

Ruling benefits Deskovic civil suit

Foe challenges election of Rockland County

Talk To Us About The Storm

Live updates as Hurricane Sandy crashes into region

Monday, October 28, 2013

6:00 Good Monday morning, I'm Ed Forbes and I lead the digital team here at The Journal News and LoHud.com. As the Lower Hudson Valley and the Sound Shore brace for Hurricane Sandy, we'll be bringing you live updates throughout the day and overnight into Tuesday.


As ever, we welcome your comments, questions, video and photography.

Comment From Guest


Yonkers declared a state of emergency. Yet, parking meters are still in effect. Is privatization harmful to residents?

Your Name:

Send questions or comments



Storm Updates



AP

Sandy, surge pose 'worst case scenario'

Photos: Region braces for Hurricane Sandy

Video: Sandbags will (hopefully) keep Hurricane Sandy at bay

Be prepared for days without power


Power outages: Latest updates from local utilities

New York City braces for wall of water from superstorm

No major problems so far in northern suburbs

54°F 61°/56°

Feels like 45°



Distinguished Online Blog

The Journal News, White Plains

Small Bites

Restaurants and recipes in Westchester, Rockland and the Lower Hudson Valley

[Home](#) [Recipes](#) [Restaurants](#) [Indoor Farmers Market Map](#) [*LohudFood](#) [Features](#)

2013 Farmers Market in Westchester, Rockland and Putnam *WITH MAP!*

11 June 2013, 3:03 pm by Liz Johnson in [Shopping](#) [Farmers Markets](#) [Shopping](#) - 1 Comment

The arrival of the season's farmers markets comes with a gentle reminder to slow down. Embrace the spontaneity of open-market shopping and cook what is fragrant and fresh, not what's on your list.

And there is plenty that is ripe for the picking: vibrant baskets of strawberries, crisp green beans, radishes and zucchini. There are handmade natural soaps, local honey, just-baked baguettes, creamy sheep's milk cheese, fresh seafood from the Hampton Bays and New York grass-fed beef.



Hot, ready-to-eat food is also available at many markets, from vendors like Grenadine French Creperie, Chutney Masala Bistro and DoughNation, the popular wood-grilled pizza truck from The Cookery in

Distinguished Feature Writing

The Journal News, White Plains

Sunday
SEPTEMBER 29, 2013
WWW.JOURNALNEWS.COM

Sunday Life

Puzzles inside

The Journal News

WP

B



Learning to savor the moment, even behind bars

'Our Town' in Sing Sing

By Peter D. Kramer
pkramer@jnews.com

Seventy-five years ago, Thornton Wilder's "Our Town" first spun its simple spell on Broadway. Three generations later, the story of daily life, love, marriage and dying in Grover's Corners, N.H., is still the among the 10 most-produced works on American high-school stages. Every year, one or two schools in the Lower Hudson Valley can be counted on to turn to Wilder. This fall, productions are planned at Valhalla, Lakeland and Brewster high schools. It may be the only visit to Grover's Corners these students make — a universal rite of passage that, a generation from now, might conjure a fleeting flash of recognition when their own children stage the play: "Oh, right ... Emily Webb ..."

The classic play's message, however, is timeless: Savor life's little moments, take time to notice things, live in the present.

While Wilder tackles the universal and the eternal, directors still have to translate that to the ears of contemporary actors. When we learned that a group of inmates was staging the play inside the walls of Sing Sing, we were intrigued to see how incarcerated men would take to "Our Town," encountering the play as adults, not teens. We set out to capture their journey with the play, in rehearsal, performance and beyond, as the lessons learned in bringing Grover's Corners to life behind razor-wired fences could bear fruit when these men are eventually released.

Cast and crew huddle before a performance of "Our Town" at Sing Sing Correctional Facility in Ossining, presented through the prison arts program Rehabilitation Through the Arts. PETER CASWITHE/JOURNAL NEWS

SEE STORY, PAGES 4B-5B

Distinguished Column Writing

The Journal News, White Plains

lohud.com The Journal News

Tuesday, October 2, 2012 7A

To his loyal readers, Jim O'Toole says 'thanks'

Jim O'Toole was old school.

He didn't "type up" his stories so much as he pounded them out—as if he were toiling on a stubborn Underwood with stuck keys rather than a computer keyboard, which required only a light touch. O'Toole didn't care for the new technology.



Phil Reisman

was about his father's retirement from the police force in 1956.

O'Toole got the usual

newspaper pay — not much. So he took a side job sorting mail next door at the New Rochelle post office.

Later on, he moonlighted as a bartender at various city bars (he had three sons to feed), including Spectators, a sports pub that like most of O'Toole's world was on North Avenue — and still is.

His "usual" was V.O. and water. Like I said, he was old school.

A funeral Mass was held for him on Friday and afterward not a few mourners adjourned to Spectators where they toasted O'Toole and looked at some of his stories, which were mounted on pasteboard.

Until she died,

O'Toole's mother saved everything he wrote. She clipped his articles, every one of them, and put them in a dresser drawer.

He wrote his last story a long time ago, in the early months of 1999. That story could've been about the Ursuline girls basketball team or a short, routine advance on Iona Prep vs. verses Fordham Prep.

It really doesn't matter.

What matters is that at the time of his retirement O'Toole never got the chance to say thank you to his loyal readers. This bothered him.

So here it is. To all of you, Jim says thanks.

Reach Phil Reisman at preisman@lohud.com or call 914-694-5008.

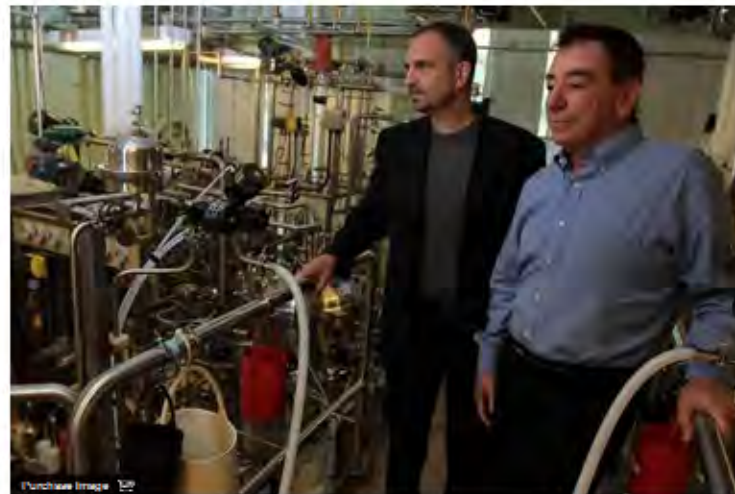
Distinguished State Government Coverage

The Journal News, White Plains

N.Y. sees job gains but slow recovery

Regions find niches but rate stays high

Feb. 2, 2013



Chief Scientific Officer and President of Regeneron Laboratories George Yancopoulos, left, and Leonard Schleifer, founder, president and CEO of Regeneron, are photographed in a biopharmaceutical lab at Regeneron headquarters in Tarrytown. / Matthew Brown / The Journal News

Written by
Joseph Spector
Albany Bureau Chief

1 2 3 4 5 6 7 8 9 10 11 12

FILED UNDER

News
Comptroller Thomas
Dinapoli

ALBANY — No area of New York saw its unemployment rate drop between 2011 and 2012, and the rate outpaces the national average.

Meanwhile, New York ranks last in the nation for its business climate, the Tax Foundation said last fall, and the state has 279,000 fewer people employed than it did in 2008, down 3 percent, state records show.

As the nation slowly rebounds from the Great Recession, New York may still be in an economic malaise, particularly upstate.

Distinguished News Photography

The Journal News, White Plains



Over 175,000



Distinguished State Government Coverage

The Buffalo News

Protection of Grisanti tied to GOP Senate grip

*Albany looking favorably
on freshman's re-election*

By TOM PRECIOUS

NEWS ALBANY BUREAU

ALBANY — In his 22 months in office as state senator, Mark J. Grisanti has had a virtual cocoon surrounding him in Albany.

Republican colleagues from Long Island, the Hudson Valley and throughout upstate have had a singular focus: Protect control of the Senate by protecting this Buffalo freshman in a district that is overwhelmingly Democrat in registration.

The protection and promotion of Grisanti have shaped policies, directed state dollars and taken up hours of time in private GOP conference meetings at the Capitol.

There are many examples, but consider one:

Grisanti's existing legislative district is one of the geographically smallest represented



**Sen. Mark
Grisanti has
gained political
traction.**

Distinguished Investigative Reporting

The Buffalo News

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BUFFALO NEWS INVESTIGATION:

TODAY'S MENTAL HEALTH SQUAD: THE POLICE



**GOVERNMENT AGENCIES HAVE CUT BACK, BUT COPS
RESPOND AROUND THE CLOCK TO SORT OUT CALLS WITH
THE MENTALLY ILL. ARE THEY THE BEST FOR THE JOB?**

*First of an occasional series
investigating how police have become the
front line in dealing with the mentally ill.*

By MATTHEW SPIRA
NEWS STAFF REPORTER

Oliver Robert Yates had
crossed paths with her
before. She was mentally ill,
and when off her lithium, the
crotch mother and grand-
mother would turn violent and suicidal.
Charles McNulty Peary was not out of
control on Aug. 1 also from mental health issues.

47%
The percentage of
people killed by police
with of New York
City over a five-year
period who suffered
from a mental problem
or were emotionally
disturbed.

17%
The estimated

In August, Tiffany Peary took to officers
while convulsing on midblock Ave. 1.
Her 4-year-old son has been fatally stabbed
by her mentally ill mother, the child's
grandmother. An officer shot the grand-
mother dead when she came at him with
knives raised. Such tragedies are not
uncommon in today's mental health system.

Her chair was down, her breathing heavy.
Yates wrote in a statement later.
Blood covered her white shirt and
drained from the bottom in each hand. She

Distinguished Editorial Writing

The Buffalo News

Depressing and hopeful, scathing report on Buffalo schools also contains the seeds of vital change

October 12, 2012

The new report on the Buffalo Public Schools is a painful but honest look at the long-standing problems that are holding back students, and, in that, it is also a hopeful document. You can't fix what's wrong if you don't know what's wrong.

The report was prepared by distinguished educator Judy L. Elliott, who was appointed by the state to help turn around Buffalo's lowest-performing schools. She spent her first six weeks on the job visiting those schools (evidently a novel concept in Buffalo), speaking with central office administrators and exchanging information with the district's new superintendent, Pamela C. Brown.

Her conclusions were depressing, if not entirely surprising. What she found was that central office administrators had isolated themselves from the schools, ignoring requests for help or failing to respond adequately. All decision-making is concentrated in City Hall, not in the schools.

"Buffalo City School District is a centralized system that provides little school autonomy," Elliott wrote. "The structure of governance has historically yielded poor student outcomes. Priority school principals uniformly voice that they are disconnected, unguided and unsupported due to a lack of service and support from the central office."

That's not a finding, it's an indictment.

Distinguished Page Design/Presentation

The Buffalo News

[illegible]

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PREP TALK

PrepTalkTV Weekly has great visit from Sister Maria & Sacred Heart; chat has #preptalkalumni updates

January 23, 2013 - 6:38 PM

By Keith McShea

For this week's PrepTalkTV Weekly -- which you can see right here tonight at 9 -- we'll welcome in a Hall of Famer in what we think is a loaded episode.

Legendary **Sacred Heart** girls basketball coach Sister Maria Pares, along with senior standouts La'Trice Hall and Hannah Rehbaum, will be our in-studio guests (the Sharks are coming straight from their game tonight with St. Mary's).

We'll also have a look back at some major wrestling and boys basketball action from the past week, more highlights in PrepTalkTV Rewind, our weekly look at the boys basketball polls and a look ahead to this weekend and

Distinguished Specialty Publication

The Buffalo News

THE BUFFALO NEWS
13.14 nhl preview
SUNDAY, SEPTEMBER 29, 2013 • SECTION 8

*Is Ron Rolston
right for a rebuild?*



What's behind
that glassy stare?

CAN COLLEGE 'PROFESSOR'
LEARN TRICKS OF THE PROS?

Is there personality behind
his guarded front?

Why does
success accompany
his moves?

*Will he make
the Sabres better?*

STORY ON PAGE S2

Distinguished Breaking News Coverage

Newsday



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Distinguished Headline Writing

Newsday

OUR TOWNS

A21

WHAT TO WATCH Today

HEMPSTEAD TOWN

REDISTRICTING. The Hempstead Town Board will meet today at 10:30 a.m. in the Nathan L.H. Bennett Pavilion, adjacent to Hempstead Town Hall (1 Washington St., Hempstead Village). The board will hold a public hearing on its proposed new six-district redistricting map. Read Aisha Al-Muslim's Twitter updates @AishaAlMuslim.

SMITHTOWN

ROAD REPAIR. The Smithtown Town Board meets today at 2 p.m. at Town Hall (99 W. Main St.) and will consider a program for road repairs. The public is invited to attend. Check Carl MacGowan's Twitter updates @CarlMacGowan.

PORT WASHINGTON

LIBRARY VOTE. The Port Washington Public Library will hold an election today in which voters will choose among three candidates for two seats on the board of trustees and whether to approve a budget with a 1.95 percent increase from the current year. Polling is from 7 a.m. to 9 p.m. Check staff updates at newsday.com.

NOW ONLINE
Catch up with these stories today at newsday.com/towns

TOPtweet

I don't mind that we didn't win the free prom. East Rockaway deserves it since they're not even back in their school yet. Congratulations!

@KaylinDorothy

BY SCOTT RIDLER
scott.ridler@newsday.com

For the second straight year, North Hempstead will offer a launch service for residents who use the town dock in Port Washington, though not for free like last year.

The service this year, unlike the pilot year, will cost boaters an additional \$225. At a town board meeting last week, officials cited "several issues" with the rowboats it provides, including a 2011 drowning that police said involved alcohol and, officials said, at least seven "accidental slips and falls on rowboats."

In past years, residents could use town rowboats to arrive at their vessels. But last summer, the town said it prohibited them, allowing boaters to use a launch service — provided by local Meyran Marine Service Inc. that also runs a water-taxi service around the harbor — for free. The service, the town said, would ordinarily cost residents \$500 for the season.

This year, boaters are going to be charged the \$225 launch service fee on top of the \$200 cost for mooring permits. But they can still use rowboats made available by the company, not the town, only during night hours when the launch service is not running. Peak hours, during most of the summer season, are 8:30 a.m. to 10 p.m. during the week.

Town launch services are rare on Long Island. Huntington has run a service at Gold Star Battalion Beach for years, and residents can pay \$800 for the service, which runs from 8 a.m. to 11 p.m. for most of the summer season, town spokesman A.J. Carter said. But it is not mandatory; there are spots for about 30 residents, for \$150, to store their rowboats.

At the hearing, Robert Valentine, a lifelong Port Washington resident whose father owns a small powerboat, questioned the charges, and why it was mandatory for all boaters. He said he preferred the rowboats, and that waiting for a launch service can take a long time, but Ryan Mulholland, town spokesman, said the service would involve "a direct route."

"We, as mooring holders, are being forced to pay more than double what we paid for... a service that we don't need," Valentine said in an interview



North Hempstead township plans to increase fees for boaters at the town dock.

NO FREE LAUNCH

NORTH HEMPSTEAD

Town will again offer service to boaters — but for a price

after the meeting. "The rowboats worked fine for well over 30 years."

The town said 60 percent of boaters had already been using the service, and the price is far less than the company's usual fee.

During the hearing, board members debated charging residents who did not wish to use the taxi service a smaller fee. Several boaters near the town docks last week called the town's plan reasonable.

"To have a boat available to you and have someone to take

it out to you is basically like a yacht-club service," said Ron Feigenbaum, 66, who owns a sailboat and uses a private mooring. "Cheaper, though."

Several described the rowboat process as tiresome for those "not on the younger side," said Tom Forgione, 55, who letters and installs boat graphics.

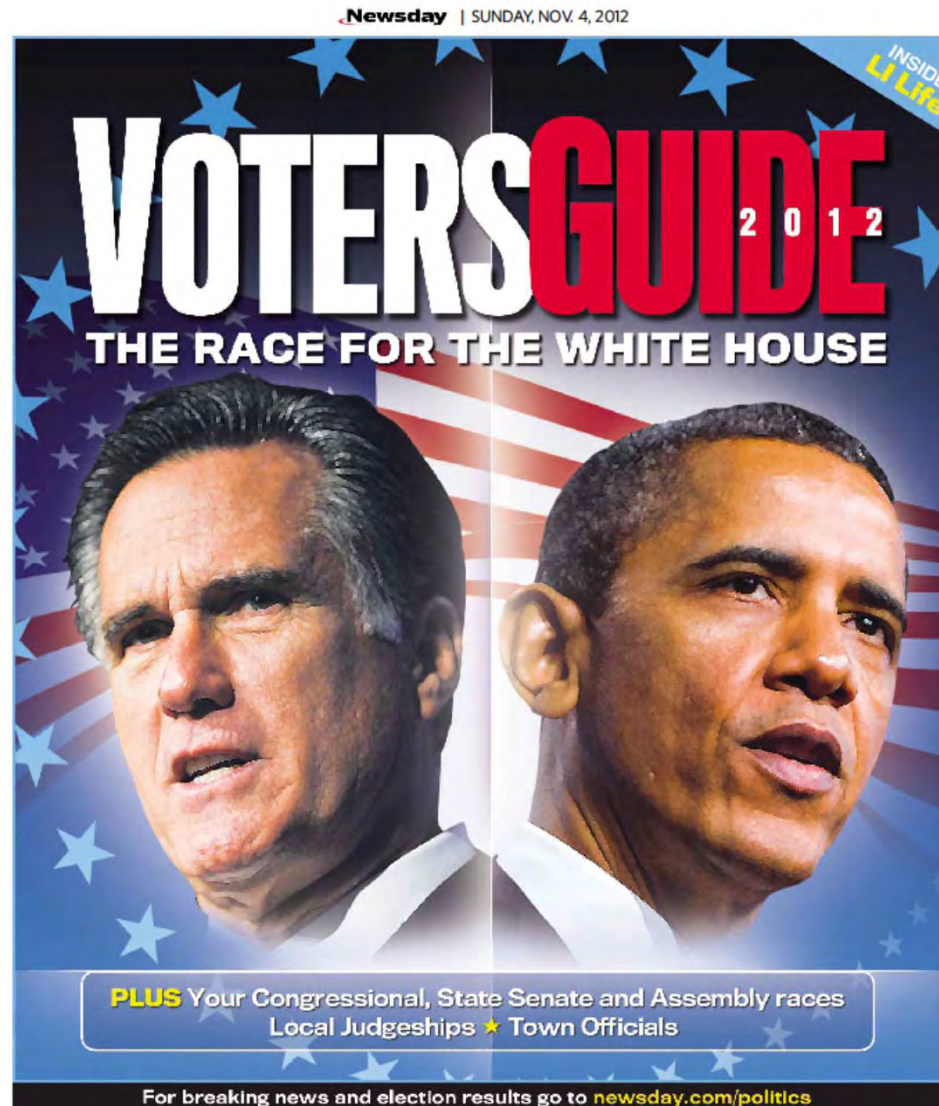
Dina De Giorgio, a councilwoman from Port Washington, said she is open to re-evaluating the plan, amid calls at the hearing to make the service optional.



PHOTO BY ANDREW MASON FOR NEWSDAY
NEWSPAPERS TUESDAY, APRIL 2, 2013

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Distinguished Feature Writing

The New York Times



The snow burst through the trees with no warning but a last-second whoosh of sound, a two-story wall of white and Chris Rudolph's piercing cry: "Avalanche! Elyse!"

The very thing the 16 skiers and snowboarders had sought — fresh, soft snow — instantly became the enemy. Somewhere above, a pristine meadow cracked in the shape of a lightning bolt, slicing a slab nearly 200 feet across and 3 feet deep. Gravity did the rest.

Distinguished Sports Writing

The New York Times

The New York Times

THE JOCKEY

SHARE

68

That afternoon, things were going Russell Baze's way. The jockey won the first three races. "It looks like an easy game today," he said after dismounting in the third. He hummed as he walked, nothing particularly tuneful, just an intonation of joy.

But he finished out of the money in the fourth and lost by a head in the fifth. The very next race was the one most anticipated. Baze was aboard a dark



Distinguished Sports Coverage

The New York Times

CYCLING

Details of Doping Scheme Paint Armstrong as the Leader

From Page A1

him so he could succeed, or be vanquished.

"The U.S.P.S. Team doping conspiracy was professionally designed to groom and pressure athletes to use dangerous drugs, to evade detection, to ensure its secrecy and ultimately gain an unfair competitive advantage through superior doping practices," the agency said. "A program organized by individuals who thought they were above the rules and who still play a major and active role in sport today."

Armstrong, who retired from cycling last year, has repeatedly denied doping. On Wednesday, his spokesman said Armstrong had no comment.

When Armstrong decided in August not to contest the agency's charges that he doped, administered doping products and encouraged doping on his Tour-winning teams, he agreed to forgo an arbitration hearing at which the evidence against him would have been aired, possibly publicly. But that evidence, which the antidoping agency called overwhelming and proof of the most sophisticated sports doping program in history, came out anyway.

Under the World Anti-Doping Code, the antidoping agency was required to submit its evidence against Armstrong to the International Cycling Union, which has 21 days from the receipt of the case file to appeal the matter to the Court of Arbitration for Sport. Once it makes its decision, the World Anti-Doping Agency has 21 days in which to appeal.

The teammates who submitted sworn affidavits — admitting their own doping and detailing Armstrong's involvement in it — included some of the best cyclists of Armstrong's generation: Levi Leipheimer, Tyler Hamilton and



JILL SACKET/AGENCE FRANCE PRESSE — GETTY IMAGES

Lance Armstrong, left, at a training session in 2010 for his final Tour de France. He placed 23rd in a race won by Alberto Contador, who was stripped of the title.

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Distinguished Business Reporting

The Wall Street Journal

Wednesday, November 28, 2012

THE WALL STREET JOURNAL.

Executives' Good Luck In Trading Own Stock

By Susan Pulliam and Rob Barry

A timely share sale by two insiders at retailer Body Central Corp. this spring spared them a nearly \$1.4 million drop in the value of their holdings in the chain.

Founder Jerrold Rosenbaum and chief merchandising officer Beth Angelo, his daughter, sold a combined \$2.9 million of Body Central stock on May 1, May 2 and May 3. Later on May 3, after the market close, the company cut its 2012 earnings estimate. The next trading day, the stock plunged 48.5%.

A Body Central official said both executives' trades were part of preordained trading plans. The official said that Ms. Angelo set up a new plan for her father in March, a time when she wasn't aware of the trend that led to the lower estimate. The company wouldn't make either one available for an interview. Mr. Rosenbaum, who the company said is ailing, resigned from the board in May.

Corporate executives long have bought and sold shares of their own companies, and outside investors have long tracked such trades, in the belief that insiders have a particularly good feel for how companies are faring.

Executives can trade for entirely legitimate reasons, such as to raise money to meet a tax bill or

companies' stock irregularly, dipping in and out, against executives who follow a consistent yearly pattern in their trading. It found that the former were much likelier to record quick gains.

Looking at executives' trading in the week before their companies made news, the Journal found that one of every 33 who dipped in and out posted average returns of more than 20% (or avoided 20% downturns) in the following week. By contrast, only one in 117 executives who traded in an annual pattern did that well.

"We've found a lot of evidence that these insiders do statistically much better than we'd expect," said Lauren Cohen, an associate professor of business administration at Harvard University who co-wrote a study published this year about the performance of insiders who time their trades. "The perch that they have—they not only have proximity to this private in-

formation, they're not readily available for regulators, investors or anyone else to examine.

Moreover, once executives file such trading plans, they remain free to cancel or change them—and don't have to disclose that they have done so.

Finally, even when executives have such a preset plan, they are free to trade their companies' stock at other times, outside of it.

"Sometimes a 10b5-1 plan is legitimate and other times it's not, but there is no way of knowing because there is no disclosure of anything to investors," said a hedge-fund manager, David Berman of Berman Capital Management.

The SEC, asked for comment on the plans' limitations, cited the requirement for insiders to report trades within two days and added: "If the Commission were to consider requiring insiders to make disclosure ahead of trades, there would need to be



Distinguished Beat Reporting

The Wall Street Journal

High-Speed Traders Race To Fend Off Regulators

By JENNY STRASBURG
AND SCOTT PATTERSON

The chief executive of Knight Capital Group Inc. told Congress in June that rapid-fire trading, the backbone of its business, is a boon to the overall stock market.



He cited a study that cautioned regulators against unintended consequences of curbing the practice known as high-frequency trading.

It was a 2010 study Knight itself had commissioned. Its lead author that year joined the board of a stock-exchange company that caters to high-speed traders and is partly owned by Knight.

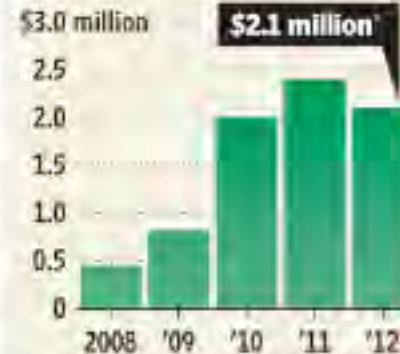
ment didn't influence his conclusions. Knight's sponsorship was noted by the firm's CEO, Thomas Joyce, in his appearance before Congress in June, though not in written testimony ahead of the hearing that also quoted the Angel paper. A spokeswoman for Knight said the Jersey City, N.J., firm "supports research that helps foster a better understanding of market structure."

Other research that rapid-fire-trading firms have cited includes additional papers paid for by such firms and a study whose author was hoping to sell software to computerized traders.

In high-frequency trading, computers place thousands of buy and sell orders and instantly cancel many of them, having placed them just to test demand.

Making Their Case

High-frequency trading firms ramped up payments to lobbyists in recent years.



2012 data are annualized based on figures through October.

Note: Spending is for firms whose primary business is high-frequency trading; it doesn't include all firms that do such trading.

Source: OpenSecrets.org

The Wall Street Journal

Distinguished Column Writing

The Wall Street Journal

Tuesday, July 30, 2013

THE WALL STREET JOURNAL.



CAPITAL JOURNAL | By Gerald F. Seib

Few Good Choices for U.S. in Mideast

THE Middle East has a tendency to eat up American presidencies, and suddenly that is a real danger facing President Barack Obama.

The region is much closer to a broad conflagration than most Americans realize, with Sunnis now facing off against Shiites, and secularists against Islamists across a wide swath of lands. The dream of fostering a new wave of democratic, multiethnic governments—embraced by two successive American ad-



Syrian President Bashar al-Assad, Iran and Hezbollah has fought back to even with Sunni opposition forces, armed by Persian Gulf states and, soon, the U.S.

This now is essentially a sectarian war, and it's starting to spread next door to Lebanon. Sunnis there resent the fact that Hezbollah's Shiite fighters have been using Lebanon as a springboard to enter the fight on behalf of Mr. Assad. Car bombs and street fights between Sunni and Shiite groups are popping up; Lebanon is in danger of sliding back into its familiar rut of sectarian war.

Iran now also seems in-

In the middle of all this sits Israel. It now is surrounded by trouble and the march of Islamist forces in every direction—in Egypt to the West, Jordan to the east, Syria to the northeast and Lebanon to the north. It's no wonder that Israel agreed, after extensive prodding from Secretary of State John Kerry, to open new peace talks with the Palestinians in Washington this week. Amid this mess, it needs to buy a little stability on the home front if it can.

The impulse is to think the U.S. should do something—anything—to contain the risks.

But what? The U.S., once had great leverage over the

away, tending to the economy at home and pivoting toward Asia abroad. The problem is that history teaches that the Middle East doesn't like being ignored. Through soaring energy prices, or the scourge of terrorism, or some other calamity, it has a habit of insinuating itself onto the American agenda.

That leaves the U.S. the unsatisfying option of working with allies on a series of half-steps to move the region back from the brink so transformation can start anew: With the Saudis to convince Gen. Sisi in Egypt to contain his security forces; with the Europeans to help Jordan to contain the ref-

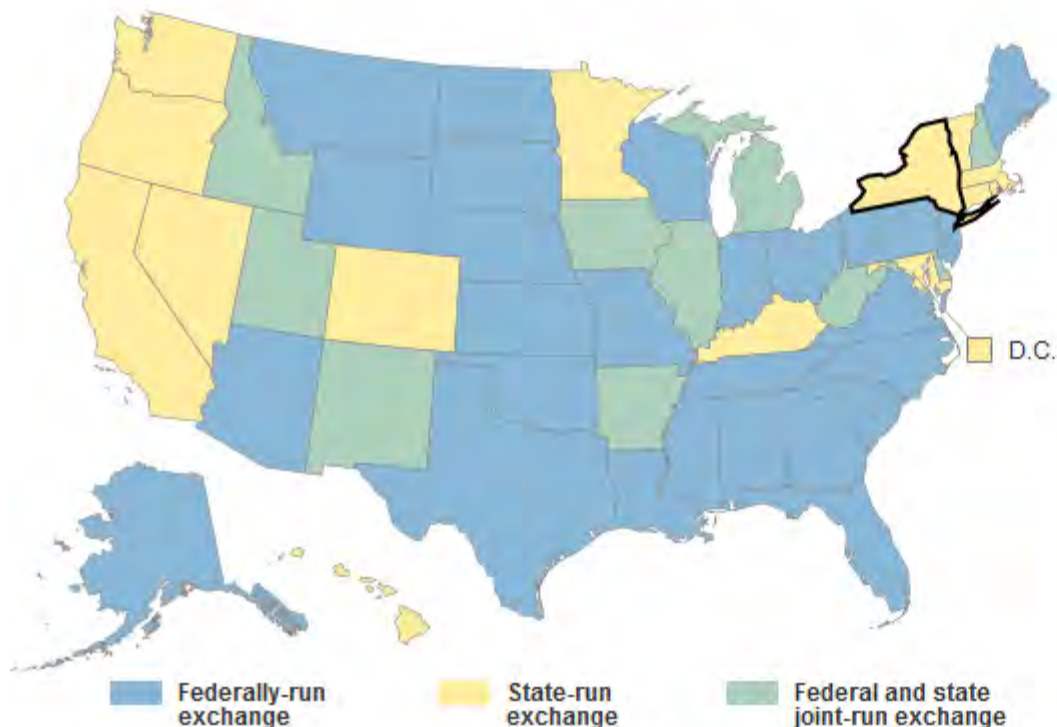
Distinguished Multi-Media Presentation

The Wall Street Journal

Find Your State's Health-Care Exchange

Select a state for a link to the health-insurance exchange available there. See which states are running health exchanges on their own, or leaving some or all of the task to the federal government, and which states plan to expand Medicaid to more low-income residents.

Interactive by [Martin Burch](#) and [Lakshmi Ketineni](#)/The Wall Street Journal



New York

33 | 51



Uninsured residents: 2,155,975

Exchange operator: State

Medicaid expansion: Yes

Visit exchange: Nystateofhealth.com



Sources: WSJ analysis of state and news reports (exchange and Medicaid status); state health exchanges (exchange details); Census Bureau (uninsured figures)



2012-2013

Continuing Excellence Awards Banquet

The State Room – Albany, New York