

Summer Reading & Summer Eating: A Great Combination!



Working together to feed kids' bodies & minds!

Many children experience “summer slide” — a loss of academic skills and knowledge over the summer. It’s even more of a problem in low-income communities.

When children read what they enjoy, they learn to love reading and become better readers. The free summer programs at your public library will help your child have fun while they keep reading and learning all summer long.

Here’s something to think about. When school is out for the summer months, healthy meals can be missing for many children, including the 1.1 million students in our state who eat a free or reduced priced school lunch on an average day.

The Summer Food Service Program (SFSP) is a federally funded program that enables many qualified organizations - including public libraries - to serve free meals and snacks to kids and teens in low-income areas.

As partners in this program, many public libraries across the state will be feeding children’s bodies and minds - *summer reading & summer eating: a great combination!*

For information about where to find free, healthy meals for kids and teens this summer go online to SummerMealsNY.org.

Visit summerreadingnys.org for resources and summer reading news.

More information about nutrition programs available for many New Yorkers is available at HungerSolutionsNY.org.

Newspaper Activities :

Clip out an interesting news story and cut the paragraphs apart. Ask your child to read the paragraphs and put them in order.

Look through the newspaper for news or information about a group of people helping others. As a family discuss how you might help those in need.

Pictures fascinate children of all ages. Clip pictures in the newspaper. Ask your child to tell you about the picture or list adjectives to describe the picture.

One of the best ways to read as a family and for learning about available resources in your community is by sharing articles from the daily newspaper.

This vital message was brought to you by this newspaper’s Newspaper in Education program. Please consider becoming an NIE sponsor!