

Highlighting World Food Day

A #ZeroHunger world by 2030...

World Food Day is celebrated globally, every year on October 16 in honor of the founding of the Food and Agriculture Organization (FAO) of the United Nations in 1945. Every day too many people across the globe struggle to feed themselves and their children nutritious meals. In a world where we produce enough food to feed everyone, 815 million people – one in nine – still go to bed on an empty stomach each night. Even more – one in three – suffer from some form of malnutrition. In wealthy countries too, many kids go to school on an empty stomach, or only eat junk food, which is low-cost but lacking in nutrition.



In 2015, the global community adopted the 17 Global Goals for Sustainable Development to improve people's lives by 2030. Goal 2 – Zero Hunger – pledges to end hunger, achieve food security, improve nutrition and promote sustainable agriculture.

FAO strives to guide governments and partners to work towards food security, good nutrition and sustainable agriculture in their public policies and programs, and work closely with farmers to increase the use of sustainable agricultural practices.

What can you do?

Avoid food waste: A quarter of the food lost or wasted each day would be enough to feed the hungry people in the world. Buy and eat only what is necessary and love your leftovers!

Don't be fooled by the labels: Only the "use by" date tells you when something is no longer safe to eat. Even if something has passed the "best before" date, it may still be good! Check before you throw something out.

Buy local: Shop from local farmers whenever you can. Why? You support local economic growth and the journey between people and produce is shorter which means fresher food, less fuel emissions, less pollution, healthier world, and happier farmers!

Enter the World Food Day 2018 Poster contest (Age 5-19):

Use your imagination and create a poster that illustrates their idea of Zero Hunger. Submission deadline is Friday, Nov. 9. For more information go to <https://tinyurl.com/WorldFoodDayContest>

To view a World Map showing areas of undernourishment go online to <https://tinyurl.com/17WorldHungerMap>

To download a 20 page activity book about World Food Day including ideas for how young people can help, go to <http://www.fao.org/documents/card/en/c/I9420EN>

Newspaper Activity:

Search through recent editions of the newspaper (print or online) and other news sources for articles about food and food issues (for example, food safety, farming, nutrition, etc.) As a class, discuss what you learn about food, locally and globally.

This feature is just one part of this newspaper's Newspaper in Education (NIE) program.